



# ENGLISH

## NCERT - NCERT ENGLISH(HINGLISH)

### KEEPING QUIET

#### Exercise

1. What does the title of the poem suggests to you? What do you think the poem is about?



**Watch Video Solution**

2. What will counting up to twelve and keeping still help us achieve?



[Watch Video Solution](#)

3. Do you think the poet advocates total inactivity and death?



[Watch Video Solution](#)

4. What is the 'sadness' that the poet refers to in the poem?



**Watch Video Solution**

5. What symbol from Nature does the poet invoke to say that there can be life under apparent stillness?



**Watch Video Solution**

**6.** Choose a quiet corner and keep still physically and mentally for about five minutes.

Do you feel any change in your state of mind?



**Watch Video Solution**