



## BIOLOGY

### NCERT NCERT BIOLOGY(ENGLISH)

#### WHY DO WE FALL ILL

#### All Questions

1. State any two conditions essential for good health



Watch Video Solution

2. State any two conditions essential for being free of disease.



[Watch Video Solution](#)

3. List any three reasons why you would think that you are sick and ought to see a doctor. If only one of these symptoms were present, would you still go to the doctor? Why or why not?



[Watch Video Solution](#)

4. In which of the following case do you think the long-term effects on your health are likely to be most unpleasant ?

- \* If you get jaundice,
- \* If you get lice,
- \* If you get acne.



[Watch Video Solution](#)

5. Why are we normally advised to take bland and nourishing food when we are sick?



**Watch Video Solution**

6. What are the different means by which infectious diseases are spread?



**Watch Video Solution**

7. What precautions can you take in your school to reduce the incidence of infectious diseases?



**Watch Video Solution**

8. What is immunisation?



**Watch Video Solution**

**9.** What are the immunisation programmes available at the nearest health centre in your locality? Which of these diseases are the major health problems in your area?



**Watch Video Solution**

**10.** How many times did you fall ill in the last one year? What were the illnesses?

(a) Think of one change you could make in your habits in order to avoid any of/most of

the above illnesses.

(b) Think of one change you would wish for in your surroundings in order to avoid any of/most of the above illnesses.



**Watch Video Solution**

**11.** A doctor/nurse/health-worker is exposed to more sick people than others in the community. Find out how she/he avoids getting sick herself/himself.



**Watch Video Solution**

**12.** Conduct a survey in your neighbourhood to find out what the three most common diseases are. Suggest three steps that could be taken by your local authorities to bring down the incidence of these diseases.



**Watch Video Solution**

**13.** A baby is not able to tell her/his caretakers that she/he is sick. What would help us to find out



(a) that the baby is sick?

(b) what is the sickness?



**Watch Video Solution**

**14.** Under which of the following conditions is a person most likely to fall sick?

(a) when she is recovering from malaria.

(b) when she has recovered from malaria and is taking care of someone suffering from chicken-pox.

(c) when she is on a four-day fast after

recovering from malaria and is taking care of someone suffering from chicken-pox. Why?



**Watch Video Solution**

**15.** Under which of the following conditions are you most likely to fall sick?

(a) when you are taking examinations.

(b) when you have travelled by bus and train for two days.

(c) when your friend is suffering from measles.

Why?



**Watch Video Solution**