



# BIOLOGY

## BOOKS - PEARSON IIT JEE

### FOUNDATION

## HEALTH - OUR GREATEST WEALTH

### Example

1. Proteins are necessary in the diet of children. Discuss.



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2. Sewage treatment plant helps in the development of healthy community. Discuss.



**Watch Video Solution**

3. As a citizen, what are the measure to be followed in maintaining community health ?



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4. Proteins are necessary in the diet of children. Discuss.



**Watch Video Solution**

5. Sewage treatment plant helps in the development of healthy community. Discuss.



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6. As a citizen, what are the measure to be followed in maintaining community health ?



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## Very Short Answer Type Qusetions

1. \_\_\_\_\_ are obtained form garasses, such as wheat rice and maize.



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2. Different items that make up food are known as \_\_\_\_\_.



**Watch Video Solution**

3. \_\_\_\_\_ food is the food that is safe and fit to eat.



**Watch Video Solution**

4. Animal like vultures consume dead animals, hence they are called.



**Watch Video Solution**

5. Nutrients which help in body building are \_\_\_\_\_.



**Watch Video Solution**

6. The diet that contains all nutrients in definite proportions is called\_\_\_\_\_.



**Watch Video Solution**

7. Fibrous indigestible food material which helps in easy passage of food through gut is known as \_\_\_\_\_.



**Watch Video Solution**

8. \_\_\_\_\_ is a plant product which provides bulk to food and acts as roughage.



**Watch Video Solution**

9. The mineral that helps in the transmission of nerve impulse is \_\_\_\_\_.



**Watch Video Solution**

10. The vitamin easily destroyed by cooking is \_\_\_\_\_.



**Watch Video Solution**

11. High blood pressure is the symptom of \_\_\_\_\_.



**Watch Video Solution**

12. The mineral that causes yellowing fo teeth is\_\_\_\_\_.



**Watch Video Solution**

13. Chemical substance required for the growth of body and energy production are called.\_\_\_\_\_.



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**Select The Correct Altenatives**

1. Which nutrients are abundant in potatoes, bread and rice \_\_ \_.

A. Proteins

B. Fats

C. Carbohydrates

D. Minerals

**Answer: C**



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2. Which mineral is essential for blood clotting?

A. Potassium

B. Calcium

C. Sodium

D. Iron

**Answer: B**



**Watch Video Solution**



3. What is the amount of water needed to be taken by a human being per day ?

A. 1 litre

B. 1.5 litres

C. 3 liters

D. 1/2 litre

**Answer: B**



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4. Ingredients used in the preparation of idli are obtained from which sources ?

A. Animal

B. Plant

C. Bacterial

D. Microbial

**Answer: B**



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5. Human beings come under which of the following categories of nutrition?

A. Herbivorous

B. Carnivorous

C. Onmivorous

D. Parasitic

**Answer: C**



**Watch Video Solution**

6. Identify the reagent used to test starch.

A. Salt

B. Fluorine

C. Iodine

D. Caustic soda

**Answer: C**



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7. Roughage consists of carbohydrates in the form of \_\_\_\_\_.

A. Sugars

B. Starch

C. Dietary fibres

D. Glucose

**Answer: C**



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8. Identify the vitamine that helps in the clotting of blood.

A. D

B. A

C. E

D. K

**Answer: D**



**Watch Video Solution**

9. Identify a disease which is transmitted by houseflies.

A. Malaria

B. Cholera

C. Plague

D. Leprosy

**Answer: (b)**



**Watch Video Solution**

10. The disease AIDS comes under which category?

- A. Communicable
- B. Non-communicable
- C. Deficiency
- D. Contagious

**Answer: (a)**



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**11.** Which of the following disease is transmitted by a carrier?

A. Malaria

B. Hepatitis B

C. Chicken pox

D. Influenza

**Answer: (a)**



**Watch Video Solution**

12. Oral plaque consists of which microorganism?

A. Fungus

B. Virus

C. Microbes

D. Bacteria

**Answer: (d)**



**Watch Video Solution**

**13.** What is the duration of undisturbed sleep required by an adult?

A. 12-14 hours

B. 7-8 hours

C. 10 hours

D. 2-3 hours

**Answer: (b)**



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## Fill In The Blank

1. The practice of maintaining good health and the prevention of spreading diseases is known as \_\_\_\_\_.



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2. The common diseases of eye which spread through contamination of hand are \_\_\_\_\_.



**Watch Video Solution**

3. yellowing of teeth due to a sticky film of saliva, food and bacteria is known as \_\_\_\_\_.



**Watch Video Solution**

4. The science that deals with preservation of health is \_\_\_\_\_.



**Watch Video Solution**

5. The technique used to convert agriculture and vegetable wastes to manure is\_\_\_\_\_.



**Watch Video Solution**

6. The disease which spreads from one person to another by means of water, food or contact is known as \_\_\_\_\_.



**Watch Video Solution**

7. The ability in human body to fight infections is developed by \_\_\_\_\_.



**Watch Video Solution**

8. The microorganisms that help in transmission of disease from one person to other are known as \_\_\_\_\_.



**Watch Video Solution**

9. If earthworm are released into composting pits, then it is called \_\_\_\_\_.



**Watch Video Solution**

10. Injuries formed due to rupture of blood capillaries under the skin are called \_\_\_\_\_.



**Watch Video Solution**



11. Droplet infection is controlled by using \_\_\_\_\_ while sneezing and coughing.



**Watch Video Solution**

12. The immediate care given to a person before taking the victim to the doctor is called \_\_\_\_\_.



**Watch Video Solution**

13. Dengue fever is a/an \_\_\_\_\_ borne disease.



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## Short Answer Type Questions

1. What is the role of roughage in our diet?



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2. Why are fats considered as essential nutrients?



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3. Give the importance of vitamin 'C' in diet.



**Watch Video Solution**

4. Give reason why doctors insist on adding green leafy vegetables to the diet.



**Watch Video Solution**

5. When do you say that a person is healthy?



**Watch Video Solution**

6. In which way is food necessary to maintain good health?



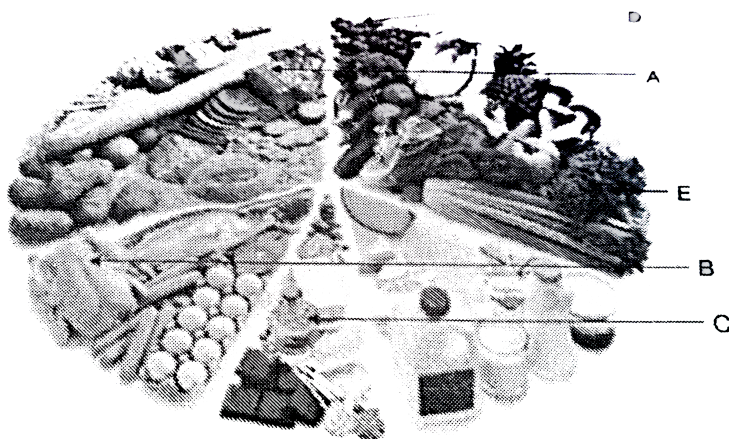
**Watch Video Solution**

**Answer The Following Question**

1. (i) Identify the nutrients A, B, C, D, E.

Give the function of A, B, C, D, E.

Identify the substance missing in balanced



diet.



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2. Health is wealth'. Discuss.



**Watch Video Solution**

3. Personal hygiene helps in keeping us healthy. Discuss.



**Watch Video Solution**

4. Discuss about the following health habits.

(i) Physical exercise (ii) Avoiding intoxication.



**Watch Video Solution**

5. Mention the disease spread by direct transmission.



**Watch Video Solution**

6. Rubbing of eyes with hands should be avoided. Give reasons.



**Watch Video Solution**

7. List out the five deficiency disorders caused by improper consumption of vitamins.



**Watch Video Solution**

8. (i) Identify the type of macronutrients present in the above figure.

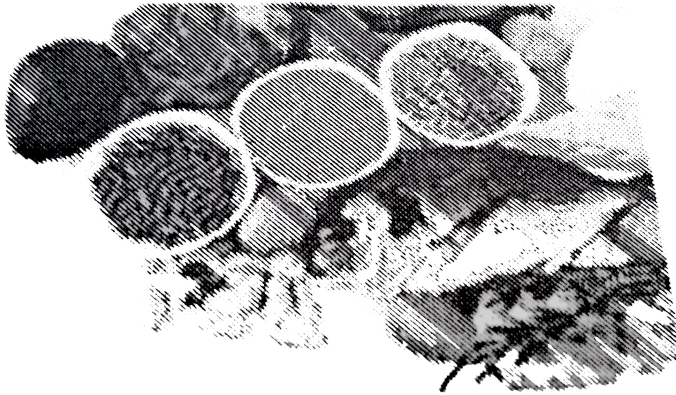
(ii) Give two plant sources for the above nutrient.

(iii) Why should this nutrient be included in daily diet?

(iv) Mention the disease caused in Children



due to deficiency of this nutrient.



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9. A child is provided with chapattis and rice alone. Mention the nutrients which are deficient in his body and identify the symptoms expected in the child.





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10. Discuss why poverty is considered to be one of the factors for malnutrition.



[Watch Video Solution](#)

## Give Scientific Reasons

1. Vitamins and minerals are considered protective foods.



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2. Exercise helps in building health.



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3. Avoid sharing personal articles, like handkerchiefs, towels, combs, etc.



**Watch Video Solution**

4. Water pollution makes water unfit for drinking.



**Watch Video Solution**

5. Obesity leads to heart problems.



**Watch Video Solution**

6. Improper diet leads to malnutrition.



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## Concept Application

1. Why are we advised to eat unpolished rice (brown rice) rather than polished rice?



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2. Cellulose acts as roughage in our diet.



**Watch Video Solution**

3. A person can die in a few days without consumption of water.



**Watch Video Solution**

4. Give reasons why over-population causes disturbances in community hygiene.



**Watch Video Solution**

5. What happens if a protein- free diet is consumed for a prolonged period?



**Watch Video Solution**

6. Walking barefoot must be avoided.



**Watch Video Solution**

7. Compost helps in increasing the fertility of soil.



**Watch Video Solution**

**8.** Why are we advised to eat unpolished rice (brown rice) rather than polished rice?



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## Match The Following Columns

1. Match the following columns

Column I	Column II	Column III
(A) Protein	(i) Forms bulk of food	(a) Nuts
(B) Calcium	(ii) Universal solvent	(b) Metabolism of food
(C) Fats	(iii) Muscle contraction	(c) Milk, meat, eggs
(D) Roughage	(iv) Body building	(d) Cholesterol
(E) Water	(v) Energy bank	(e) Green leafy vegetables



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## Pick The Odd One Out

1. Amla, orange, guava, eggs.



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2. Tiger, elephant, lion, cheetah.



**Watch Video Solution**

3. Cellulose, glucose, starch, ghee.





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4. Milk, meat, nuts, rice.



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Find The Co Related Terms

1. chapatti : Carbohydrates :: Soybean :

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2. Iron : \_\_\_\_\_ :: Calcium : Clotting of blood



**Watch Video Solution**

3. \_\_\_\_\_ : Tissue repair :: fats : Insulators



**Watch Video Solution**

4. Cholesterol : Fat :: Silk : \_\_\_\_\_



**Watch Video Solution**

5. carrots : Roots :: Cabbage : \_\_\_\_\_



**Watch Video Solution**

**State Whether True Or False**

1. Which parts of mustard plant are used as food?



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2. Calcium is essential for the formation of haemoglobin.



**Watch Video Solution**

3. No mammal can digest cellulose.




**Watch Video Solution**

4. Fats work like body's energy banks.



**Watch Video Solution**



5. Vitamins D is synthesized in the skin when the body is exposed to sunlight. 



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**Answer The Following Question**

1. Define nutrients and give their classifications



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## 2. Hygiene.



**Watch Video Solution**

3. What is the first aid given to a person bitten by snakes?



**Watch Video Solution**

4. Distinguish between communicable and non-communicable disease by giving

examples.



**Watch Video Solution**

5. What is the first aid given for burns?



**Watch Video Solution**

6. List any three responsibilities of city municipalities regarding caring for people's health.



**Watch Video Solution**

7. Mention the different caring for people's hair



**Watch Video Solution**

8. Give one word for the following.

(a) Deficiency of iron.

(b) Deficiency of proteins in children.

(c) Disorder resulting due to overeating.

(d) Surviving on dead animals.

(e) Deficiency of iodine.

(f) Dietary fibres.

(g) Lives inside the body of the host .

(h) Chemicals substance that provide energy for day to day activities.

(i) Process of perparation of food by green plants.

(j) Seeds obtained from grasses.



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9. What are the habits required for maintaining good health?



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## Match Column I With Column II

1. Match the following columns

Column I	Column II
(1) Hygiene	(a) Air pollution
(2) Conjunctivitis	(b) Improper brushing
(3) Automobiles	(c) Waterborne
(4) Plaque	(d) Practice and conditions to maintain health and prevent diseases
(5) Jaundice	(e) Eye infection



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## 2. Match the following columns

Column I	Column II
Vitamin	Deficiency disorder
(1) Vitamin C	(a) Softness of bones
(2) Vitamin K	(b) Nervous disorders
(3) Vitamin A	(c) Bleeding in gums and internal organs
(4) Vitamin D	(d) Spontaneous bleeding
(5) Vitamin B	(e) Night blindness



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Pick The Odd One Out

1. Rickets, goitre, xerophthalmia, AIDS.



**Watch Video Solution**

2. Chlorination, sedimentation, boiling, dumping.



**Watch Video Solution**

3. Contamination, vaccination, immunization, healthy diet.



**Watch Video Solution**



4. Kwashiorkor, night blindness, scurvy, rickets.



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## Find The Co Related Terms

1. Direct contact : AIDS :: \_\_\_\_\_ :

Tuberculosis



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2. Goiter : Non- communicable :: Conjunctivitis

: \_\_\_\_\_



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3. Composting : Vegetable peels ::

Vermicomposting : \_\_\_\_\_



**Watch Video Solution**

4. Brushing : Oral hygiene :: Afforestation:

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**Watch Video Solution**

5. Oral hygiene : \_\_\_\_\_ :: Sewage disposal

: Community hygiene



**Watch Video Solution**

6. \_\_\_\_\_ : Housefly :: Malaria : Mosquito.



**Watch Video Solution**

7. Marasmus : Malnutrition :: \_\_\_\_\_ : Excess diet



**Watch Video Solution**

8. Dental caries : \_\_\_\_\_ :: Anaemia : Iron



**Watch Video Solution**

**State Whether True Or False**

1. Oral hygiene is mainly concerned with the care eye



**Watch Video Solution**

2. Formation of white flakes over the scalp and hair is dandruff.



**Watch Video Solution**

3. Ice packs are applied on the region of deep cuts.



**Watch Video Solution**

4. Human body develops the ability to fight infection by immunization.



**Watch Video Solution**

5. Thermometer is a medicine in first aid kit.



**Watch Video Solution**

**6.** Iodine is present in sea foods.



**Watch Video Solution**

**7.** Bleeding in gums and internal organs is the symptom of anaemia.



**Watch Video Solution**

8. Deficiency of Carbohydrates in diet causes kwashiorkor.



**Watch Video Solution**

## Test Your Concepts Very Short Answer Type Questions

1. \_\_\_\_\_ are obtained from grasses, such as wheat, rice and maize.



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2. Different items that make up food are known as\_\_\_\_\_.



**Watch Video Solution**

3. \_\_\_\_\_ food is the food that is safe and fit to eat.



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**Watch Video Solution**

13. Chemical substances required for the growth of body and energy production are called\_\_\_\_\_.



**Watch Video Solution**

**14.** Which nutrients are abundant in potatoes, bread and rice \_\_\_\_\_ ?

A. Proteins

B. Fats

C. Carbohydrates

D. Minerals

**Answer: C**



**Watch Video Solution**

15. Identify the mineral that helps in promoting clotting in human body.

A. Potassium

B. Calcium

C. Sodium

D. Iron

**Answer: B**



**Watch Video Solution**



**16.** What is the amount of water needed to be taken by a human being per day ?

A. 1 litre

B. 1.5 litres

C. 3 litres

D. 1/2 litre

**Answer: B**



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**17.** Ingredients used in the preparation of idli are obtained from which sources?

A. Animal

B. Plant

C. Bacterial

D. Microbial

**Answer: B**



**Watch Video Solution**

**18.** Human beings come under which of the following categories of nutrition?

A. Herbivorous

B. Carnivorous

C. Omnivorous

D. Parasitic

**Answer: C**



**Watch Video Solution**

**19.** Identify the reagent used to test starch.

A. Salt

B. Fluorine

C. Iodine

D. Caustic soda

**Answer: C**



**Watch Video Solution**

**20.** Roughage consists of carbohydrates in the form of \_\_\_\_\_ .

A. Sugars

B. Starch

C. Dietary fibres

D. Glucose

**Answer: C**



**Watch Video Solution**

21. Identify the vitamine that helps in the clotting of blood.

A. D

B. A

C. E

D. K

**Answer: D**



**Watch Video Solution**

**22.** The practice of maintaining good health and the prevention of spreading diseases is known as \_\_\_\_\_.



**Watch Video Solution**

**23.** The common diseases of eye which spread through contamination of hands are\_\_\_\_\_.



**Watch Video Solution**

**24.** yellowing of teeth due to a sticky film of saliva, food and bacteria is known as \_\_\_\_\_.



**Watch Video Solution**

**25.** The science that deals with preservation of health is \_\_\_\_\_.



**Watch Video Solution**



**26.** The technique used to convert agriculture and vegetable wastes to manure is\_\_\_\_\_.



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**27.** The disease which spreads from one person to another by means of water, food or contact is known as\_\_\_\_\_.



**Watch Video Solution**

**28.** The ability in human body to fight infections is developed by \_\_\_\_\_.



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**29.** The microorganisms that help in transmission of disease from one person to other are known as \_\_\_\_\_.



**Watch Video Solution**

**30.** If earthworm are released into composting pits, then it is called \_\_\_\_\_.



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**31.** Injuries formed due to rupture of blood capillaries under the skin are called\_\_\_\_\_.



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**32.** Droplet infection is controlled by using \_\_\_\_\_ while sneezing and coughing.



**Watch Video Solution**

**33.** The immediate care given to a person before taking the victim to the doctor is called \_\_\_\_\_.



**Watch Video Solution**

34. Dengue fever is a/an \_\_\_\_\_ borne disease.



**Watch Video Solution**

35. Identify a disease which is transmitted by houseflies.

A. Malaria

B. Cholera

C. Plague

D. Leprosy

**Answer: B**



**Watch Video Solution**

**36.** The disease AIDS comes under which category?

- A. Communicable
- B. Non-communicable
- C. Deficiency
- D. Contagious

**Answer: A**



**Watch Video Solution**

**37.** Which of the following diseases is transmitted by a carrier?

A. Malaria

B. Hepatitis B

C. Chicken pox

D. Influenza

**Answer: A**



**Watch Video Solution**

**38.** Oral plaque consists of which microorganisms?

A. Fungus

B. Virus

C. Microbes

D. Bacteria



**Answer: D**



**Watch Video Solution**

**39.** What is the duration of undisturbed sleep required by an adult?

A. 12-14 hours

B. 7-8 hours

C. 10 hours

D. 2-3 hours

**Answer: B**



**Watch Video Solution**

## Test Your Concepts Short Answer Type Questions

**1. What is the role of roughage in our diet?**



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2. Why are fats considered as essential nutrients?



**Watch Video Solution**

3. Give the importance of vitamin 'C' in diet.



**Watch Video Solution**

4. Give reason why doctors insist on adding green leafy vegetables to the diet.



**Watch Video Solution**

**5.** When do you say that a person is healthy?



**Watch Video Solution**

**6.** In which way is food necessary to maintain good health?



**Watch Video Solution**



7.

(i) Identify the nutrients A, B, C, D, E.

(ii) Give the functions of A, B, C, D, E.

(iii) Identify the substance missing in balanced diet.



**View Text Solution**

**8.** 'Health is wealth'. Discuss.



**Watch Video Solution**

**9.** Vitamins and minerals are considered protective foods.



**Watch Video Solution**

**10.** Personal hygiene helps in keeping us healthy. Discuss.



**Watch Video Solution**

**11.** Discuss about the following healthy habits.

(i) Physical exercise (ii) Avoiding intoxication



**Watch Video Solution**

**12.** Mention the diseases spread by direct transmission.



**Watch Video Solution**

**13.** Rubbing of eyes with hands should be avoided. Give reasons.



**Watch Video Solution**

**14.** List out the five deficiency disorders caused by improper consumption of vitamins.



**Watch Video Solution**





15.

(i) Identify the type of macronutrients present in the above figure

(ii) Give two plant sources for the above nutrient.

(iii) Why should this nutrient be included in daily diet?

(iv) Mention the disease caused in children due to deficiency of this nutrient.



**View Text Solution**

**16.** A child is provided with chapattis and rice alone. Mention the nutrients which are deficient in his body and identify the symptoms expected in the child.



**Watch Video Solution**

**17.** Discuss why poverty is considered to be one of the factors for malnutrition.



**Watch Video Solution**

**18.** Exercise helps in building health.



**Watch Video Solution**

**19.** Avoid sharing personal articles, like handkerchiefs, towels, combs, etc.



**Watch Video Solution**

**20.** Water pollution makes water unfit for drinking.



**Watch Video Solution**

**21.** Obesity leads to heart problems.



**Watch Video Solution**

22. Improper diet leads to malnutrition.



**Watch Video Solution**

**Assessment Test Test 1**

1. Match the following columns.

Column I	Column II	Column III
(A) Protein	(i) Forms bulk of food	(a) Nuts
(B) Calcium	(ii) Universal solvent	(b) Metabolism of food
(C) Fats	(iii) Muscle contraction	(c) Milk, meat, eggs
(D) Roughage	(iv) Body building	(d) Cholesterol
(E) Water	(v) Energy bank	(e) Green leafy vegetables



**Watch Video Solution**

2. Amla, orange, guava, eggs.



**Watch Video Solution**

3. Tiger, elephant, lion, cheetah.



**Watch Video Solution**

4. Cellulose, glucose, starch, ghee.



**Watch Video Solution**

5. Milk, meat, nuts, rice.



**Watch Video Solution**

6. Chapatti : Carbohydrate :: Soybean : \_\_\_\_\_



**Watch Video Solution**

7. Iron: \_\_\_\_\_ :: Calcium : Clotting of blood



**Watch Video Solution**

8. \_\_\_\_\_ : Tissue repair :: fats : Insulators



**Watch Video Solution**



9. Cholesterol : Fat :: Silk : \_\_\_\_\_



**Watch Video Solution**

10. Carrots : Roots :: Cabbage : \_\_\_\_\_



**Watch Video Solution**

11. The edible part of mustard plant is seeds.



**Watch Video Solution**

**12.** Calcium is essential for the formation of haemoglobin.



**Watch Video Solution**

**13.** No mammal can digest cellulose.



**Watch Video Solution**

**14.** Fats work like body's energy banks.





**Watch Video Solution**

**15.** Vitamin D is synthesized in the skin when the body is exposed to sunlight. Direction for question



**Watch Video Solution**

**16.** Define nutrients and give their classification.



**Watch Video Solution**

## 17. Match the following columns

Column I	Column II
(1) Hygiene	(a) Air pollution
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(3) Automobiles	(c) Waterborne
(4) Plaque	(d) Practice and conditions to maintain health and prevent diseases
(5) Jaundice	(e) Eye infection



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## 18. Match the following columns

3.

Column I	Column II
Vitamin	Deficiency disorder
(1) Vitamin C	(a) Softness of bones
(2) Vitamin K	(b) Nervous disorders
(3) Vitamin A	(c) Bleeding in gums and internal organs
(4) Vitamin D	(d) Spontaneous bleeding
(5) Vitamin B	(e) Night blindness



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## 19. Rickets, goitre, xerophthalmia, AIDS.



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**20.** Chlorination, sedimentation, boiling, dumping,



**Watch Video Solution**

**21.** Contamination, vaccination, immunization, healthy diet.



**Watch Video Solution**

**22.** Kwashiorkor, night blindness, scurvy, rickets.



**Watch Video Solution**

**23.** Direct contact : AIDS :: \_\_\_\_\_ : Tuberculosis



**Watch Video Solution**

**24.** Goiter : Non-communicable :: Conjunctivitis

: \_\_\_\_\_



**Watch Video Solution**

**25.** Composting: Vegetable peels ::

Vermicomposting: \_\_\_\_\_



**Watch Video Solution**

**26.** Brushing : Oral hygiene :: Afforestation:

\_\_\_\_\_



**Watch Video Solution**



27. Oral hygiene: \_\_\_\_\_ :: Sewage disposal :  
Community hygiene



**Watch Video Solution**

28. \_\_\_\_\_ : Housefly :: Malaria : Mosquito.



**Watch Video Solution**

29. Marasmus : Malnutrition :: \_\_\_\_\_ : Excess  
diet





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**30.** Dental caries : \_\_\_\_\_ :: Anaemia: Iron



[Watch Video Solution](#)

**31.** Oral hygiene is mainly concerned with the care of eye.



[Watch Video Solution](#)

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**Watch Video Solution**

**33.** Ice packs are applied on the region of deep cuts.



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**35.** Thermometer is a medicine in first aid kit.



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**Watch Video Solution**

**37.** Bleeding in gums and internal organs is the symptom of anaemia.



**Watch Video Solution**

**38.** Deficiency of Carbohydrates in diet causes kwashiorkor.



**Watch Video Solution**

**39.** Define hygiene.



**Watch Video Solution**

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**Watch Video Solution**

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**Watch Video Solution**

**42.** What is the first aid given for burns?



**Watch Video Solution**

**43.** List any three responsibilities of city municipalities regarding caring for people's health.



**Watch Video Solution**

**44.** Mention the different methods of hair care.



**Watch Video Solution**

**45.** Give one word for the following .

Deficiency of iron.



**Watch Video Solution**



**46.** Give one word for the following .

Deficiency of proteins in children.



**Watch Video Solution**

**47.** Give one word for the following .

Disorder resulting due to overeating.



**Watch Video Solution**

**48.** Give one word for the following .

Surviving on dead animals.



**Watch Video Solution**

**49.** Give one word for the following .

Deficiency of iodine.



**Watch Video Solution**

**50.** Give one word for the following .

Dietary fibres.



**Watch Video Solution**

**51.** Give one word for the following .

Lives inside the body of the host.



**Watch Video Solution**

**52.** Give one word for the following .

Chemicals substances that provide energy for day to day activities.



**Watch Video Solution**

**53.** Give one word for the following .

Process of preparation of food by green plants.



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**54.** Give one word for the following .

Seeds obtained from grasses.



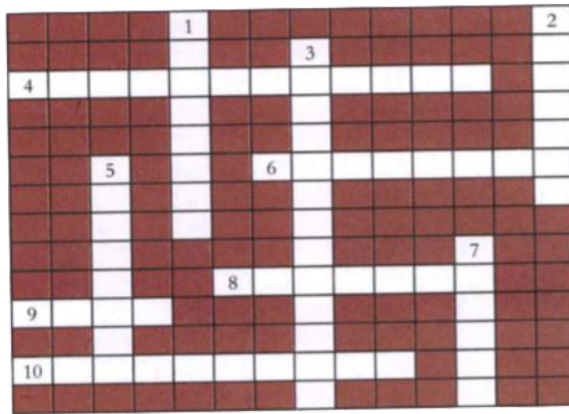
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**55.** What are the habits required for maintaining good health?



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**Crossword**



#### Across

4. An instrument to measure temperature
6. Wounds caused by rupture of capillaries in tissues
8. Hardest substance in human body
9. A chemical added to purify muddy water
10. Entry of disease causing agent

#### Down

1. Ability to fight infections
2. Organic manure
3. Clearing of forests
5. Flakes on the scalp
7. Infection in gums

1.



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