



CHEMISTRY

NCERT - NCERT CHEMISTRY(TELUGU)

OUR FOOD

Example

1. What are the common food usually eaten by you?



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2. Find out the ingredients of Pachipulusu.



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3. List out ingredientys needed to make vada.

Are they same for dosa ? Identify the differences in your list.



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4. Latha's mother has prepared the following statements for you. But don't forget to give your reasons.

We can get food from plants and animals only.



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5. Latha's mother has prepared the following statements for you. But don't forget to give your reasons.

Spices, oils, salt and meat are the ingredients of chicken curry.



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6. Latha's mother has prepared the following statements for you. But don't forget to give your reasons.

Plants are the source of honey.



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7. What are condiments and dry fruits ? Wjhy they are precious ?



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8. Can we obtain salt from plants or animals?

Give reasons.



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9. Why should we eat food?



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10. In our state people eat rice and rice items where as in Rajasthan people eat chapati. Explain the reasons.



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11. Ask your friend to think the name of any food. Now you have to guess its name. For this you can ask some question. Your friend can

only answer in Yes or No . What/How many questions did you ask before you could guess the answer ?



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12. Do all the students eat the same type of food items?



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13. In Andhra Pradesh/Telangana rice is mostly used as food. Do you have any objection for this ? Give reasons.



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14. Your friend is stronger than you and he is very active. Ask him question to enquiry how he managed to do so.



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15. When you went to a hotel, a chinese dish is very much liked by you ? Ask the chief some questions you got in your mind ?



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16. When you went to supermarket you saw a "Masala mix" bottle without seal ? What questions do you ask the shop-keeper to buy it ?



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17. Ask your pen - friend to know the food habits in their state.



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18. Some women cook food tasty. With the same ingredients other women may not cook tastily. Give reasons.



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19. Write down the process of making upma or any other snack of your choice.



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20. collect information about the main food habits of different states of India. Refer the atlas, library books and discuss with your teacher.



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21. Suppose if fish /raw mango /lemons are given to you how would you preserve trhem?



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22. You observed that children are very weak and lean in the slum area near to your house investigate the reasons and prepare a report.



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23. Ask you mother and write about the preparation of Tomato curry.



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24. List out the names of some plants that grow in your village. Which parts of it are used as food ?



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25. Some food material is given below, what are the different possible ways of cooking them? Find out and write them: Meat – Groundnuts – Potatoes – Spinach.



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26. Ask your parents and find out various methods of preserving food and write a note on them.



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27. Make a list of animals and insects from which we get food.

Are there any portions where none of the animals fit? Explain why?



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28. List out the ingredients of the given food items by asking your parents. Payasam, Chicken curry, Pallikaram rice.



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29. Find out the source of each ingredient given in the table. If it is a plant mark (P) or an animal (A), something else (E).

Cooking Oil, Honey, Chips, Turmeric powder, Salt, Dough, Meat, Rice, Eggs, Sugar, Peanuts,



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30. Write which part of the given plant we eat as part of food (fenu greek, mustard ,sugar

cane, carrot, onion, cabbage, asafoetida).



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31. Name some processes of cooking food and mention the items cooked / prepared/ used in that process.



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32. In your class with the help of your teacher form in groups of 5 or 6 students, make a fruit

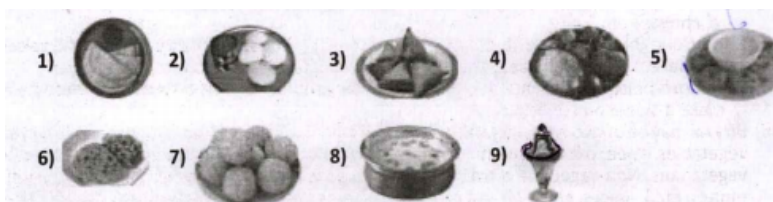
chat or vegetable salad and eat it. How do you feel ? Write few lines about your expeirience.

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33. Draw some of the food items you like most.

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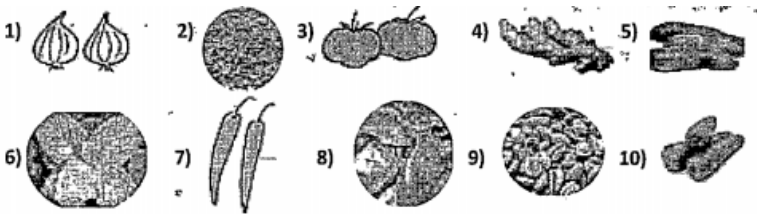
34. Name the different food items given below.





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35. Observe the figures given below and write to which part of the plant it belongs.



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36. Observe the figures and write from which the item is prepared.



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37. Shahina's mother cooks always plain rice! If the same rice is used to make kichidi, Payasam or biryani how would you feel eating those ?

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38. Express your feelings after eating "Pala Cova".



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39. What item do you like most prepared by your mother ? Tell her why do you like it?



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40. India is famous for condiments from ancient times . How do you appreciate it ?



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41. "Honey is a good preservative " How do you feel about this?



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42. Collect any wrapper of packaged food .

Read the information details and answer the questions:

When was it manufactured and how long can we use it ?



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43. Collect any wrapper of packaged food .

Read the information details and answer the

questions:

What ingredients does it contain, name them?



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44. Why certain fruits are preserved ? How these preservations are useful to us?



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45. What do you know about vegetable carving ? What is the use of it ?



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46. Why Biryani is costlier than plain rice ? Give reasons.



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47. When we purchase food item from the market we should see the manufactured date and expiry date. Why ? Give reasons.



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Exercise

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7. Which type of food is common in Andhra Pradesh?

A. *a.* rice

B. *b.* dal

C. *c.* pulka

D. *d.* a & b only

Answer:



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8. The item not required for Biryani is.....

A. rice

B. sugar

C. mutton

D. spices

Answer:



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9. Wheat flour is the..... Of Biscuits.

A. 1. part

B. 2. share

C. 3. ingredient

D. 4. none

Answer:



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10. The leaves of Plant ar useful to us.

A. *A.* spinach

B. *B. coriander*

C. *C.A & B*

D. *D. acacia*

Answer:



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11. Which is not condiment among these ?

A. 1. kismis

B. 2. lavang

C. 3. pepper

D. 4. dalchini

Answer:



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12. People of Rajasthan produce mostly.....crop.

A. wheat

B. bajra

C. maize

D. all the above

Answer:



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13. Meat can be cooked inprocces.

A. 1. roasting

B. 2. frying

C. 3. curry

D. 4. all the above

Answer:



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14. The preservation which have sugar as main content ?

A. jam

B. fruit juice

C. gelly

D. all the above

Answer:



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A. ingredients

B. manufactured date

C. expiry date

D. all the above

Answer:



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16. making different types of design and decoration with vegetables is called.....

A. vegetable carving

B. vegetable chopping

C. vegetable cutting

D. vegetable art

Answer:



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