



# BIOLOGY

## BOOKS - ICSE

### HYGIENE-[A KEY TO HEALTHY LIFE]

#### Review Questions A Multiple Choice Type

1.No urination due to shortage of water in the body is a typical symptom of

A. typhoid

B. malaria

C. dysentery

D. cholera

**Answer:**



**Watch Video Solution**

**2. Which one of the following is an unhealthy habit?**

A. Removing wax from inside the ears

B. Keeping the mouth closed while breathing

C. Sleeping for only 6-7 hours

D. Sharing towels with others

**Answer:**



**Watch Video Solution**

**3. The protozoan that causes malaria is :**

A. *Entamoeba histolytica*

B. *Euglena*

C. *Paramecium*

D. *Plasmodium*

**Answer:**



**Watch Video Solution**

**4.** The chemical substance mainly responsible for tooth disorders is

A. calcium

B. chloride

C. flourides

D. iodides

**Answer:**



**Watch Video Solution**

**5. Typhoid is caused by**

A. housefly

B. bacteria

C. virus

D. None of the above

**Answer:**



**Watch Video Solution**

**6.** The germ causing Hepatitis is transmitted through:

A. the bite of a mosquito

B. contamination of food by a housefly

C. personal contact with a patient

D. contaminated water

**Answer:**



**Watch Video Solution**

**Review Questions B Very Short Answer Type**

**1. Name the following:**

Organisms that transmit microbes that cause

disease.



**Watch Video Solution**

2. Name the following:

Organisms that cause disease.



**Watch Video Solution**

3. Name the following:

Science of maintaining good health.



**Watch Video Solution**



4. Describe the different ways by which the housefly contaminates our food.



**Watch Video Solution**

5. Suggest any two methods of controlling flies.



**Watch Video Solution**

6. List any three effective methods for controlling mosquitoes



**Watch Video Solution**

7. Name the two common kinds of mosquitoes and the diseases they transmit.



**Watch Video Solution**

8. Mention any three ways by which potable water can be contaminated.



**Watch Video Solution**

## Review Questions C Long Answer Type

1. Breathing through nose is healthier than breathing by mouth. Why?



**Watch Video Solution**

2. Give suitable explanations for the following:

Hands must be washed before eating food.



**Watch Video Solution**

3. Give suitable explanations for the following:

Eating places must be kept free of flies.



**Watch Video Solution**

4. How are cockroaches and rats harmful to humans.



**Watch Video Solution**

5. Name the two types of dysentery and their causative germs and give one main precaution against them.



**Watch Video Solution**

6. Mention three symptoms of the disease Hepatitis.



**Watch Video Solution**

## Progress Check

1. Cleanliness, rest and sleep, and physical exercise are a part of ..... hygiene.



**Watch Video Solution**

2. One must always breathe by the ..... and never by the .....



**Watch Video Solution**

3. Fresh air brings ..... into the living rooms.



**Watch Video Solution**

4. One must never put a sharp pointed object into the ....., it may rupture the ....



**Watch Video Solution**

5. For adults 6-7 hours of continuous undisturbed ..... is sufficient.



**Watch Video Solution**

6. The municipal bodies must ensure the supply of clean germ-free ..... and an efficient ..... disposal.



**Watch Video Solution**



7. List any three advantages of a daily bath.



**Watch Video Solution**

8. Tick-mark the correctly matched pairs of certain animals and their related diseases/habits. (I) Culex - yellow fever (ii) Aedes - filariasis (iii) Anopheles - malaria (iv) Gambusia - eat up mosquito larvae (v) Rat flea - diarrhoea (vi) Cockroaches - breed in man-holes





[Watch Video Solution](#)

9. Contamination means entry of germs by insect bite



[Watch Video Solution](#)

10. Sewage is the commonest source of contamination of water in the cities



[Watch Video Solution](#)

**11.** Cholera is marked by acute diarrhoea and no urination



**Watch Video Solution**

**12.** Typhoid is caused by a type of worm



**Watch Video Solution**

**13.** Mosquitoes are the source of dysentery germs



**Watch Video Solution**

