



PHYSICS

BOOKS - NAVNEET PUBLICATION

WORK AND ENERGY

Exampels

1. What are the different types of force and their examples?



Watch Video Solution

2. What will happen in the following case

A fast cricket ball strikes the stumps.



[Watch Video Solution](#)

3. What will happen in the following case

The striker hits a coin on the carrom board.



[Watch Video Solution](#)

4. What will happen in the following case

One marble strikes another in a game of marbles.



Watch Video Solution

Exercise

1. Fill in the blanks with appropriate words and write the completed statements:

The work done is zero if there is no.....



[Watch Video Solution](#)

2. Fill in the blanks with appropriate words and write the completed statements:

Flowing water has.....energy.



[Watch Video Solution](#)

3. Fill in the blanks with appropriate words and write the completed statements:

By stretching the rubber strings of a catapult we store.....energy in it.



[Watch Video Solution](#)

4. Fill in the blanks with appropriate words and write the completed statements:

The energy stored in a dry cell is in the form of

.....



[Watch Video Solution](#)

5. Fill in the blanks with appropriate words and write the completed statements:

The kinetic energy of a body of mass 2 kg moving with a velocity of $1\frac{m}{s}$ isJ.



[Watch Video Solution](#)

6. Fill in the blanks with appropriate words and write the completed statements:

The work done is zero if the angle between the force acting on a body and the displacement of the body is



[Watch Video Solution](#)

7. Fill in the blanks with appropriate words and write the completed statements:

The CGS unit of work is the



[Watch Video Solution](#)

8. Fill in the blanks with appropriate words and write the completed statements:

The SI unit of energy is the



[Watch Video Solution](#)

9. Fill in the blanks with appropriate words and write the completed statements:

The kilowatt hour (kW h) is the unit of



Watch Video Solution

10. Fill in the blanks with appropriate words and write the completed statements:

The rate of doing work is called.....



Watch Video Solution

11. Choose the correct alternative and write it along with its allotted alphabet:

The potential energy of your body is least when you are

- A. sitting on a chair
- B. sitting on the ground
- C. sleeping on the ground
- D. standing on the ground

- A. sitting on a chair
- B. sitting on the ground
- C. sleeping on the ground

D. standing on the ground

Answer: C



Watch Video Solution

12. Choose the correct alternative and write it along with its allotted alphabet:

The total energy of an object falling freely towards the ground.....

A. decreases

B. remains unchanged

C. increases

D. increases in the beginning and then decreases

A. decreases

B. remains unchanged

C. increases

D. increases in the beginning and then decreases

Answer: B



Watch Video Solution

13. Choose the correct alternative and write it along with its allotted alphabet:

If we increase the velocity of a car moving on a flat surface to four times its original speed, its potential energy.....

- A. will be twice its original energy
 - B. will not change
 - C. will be 4 times its original energy
 - D. will be 16 times its original energy
-
- A. will be twice its original energy

B. will not change

C. will be 4 times its original energy

D. will be 16 times its original energy

Answer: B



Watch Video Solution

14. Choose the correct alternative and write it along with its allotted alphabet:

The work done on an object does not depend on

A. displacement

B. applied force

C. initial velocity of the object

D. the angle between force and displacement

A. displacement

B. applied force

C. initial velocity of the object

D. the angle between force and

displacement

Answer: C





15. Choose the correct alternative and write it along with its allotted alphabet:

Work done

A. is always positive

B. is always negative

C. can be positive, negative or zero

D. can never be zero

A. is always positive

B. is always negative

C. can be positive, negative or zero

D. can never be zero

Answer: C



Watch Video Solution

16. Choose the correct alternative and write it along with its allotted alphabet:

The SI unit of work is the.....

A. joule

B. erg

C. dyne

D. kilogram

A. joule

B. erg

C. dyne

D. kilogram

Answer: A



Watch Video Solution

17. Choose the correct alternative and write it along with its allotted alphabet:

The CGS unit of energy is the.....

A. joule

B. erg

C. dyne

D. newton

Answer: B



Watch Video Solution

18. Choose the correct alternative and write it along with its allotted alphabet:

When you compress a spring, the potential energy of the spring.....

- A. increases
- B. decreases
- C. remains unchanged
- D. becomes zero

Answer: A



Watch Video Solution

19. Choose the correct alternative and write it along with its allotted alphabet:

When an object of mass 10kg is lifted through 3 metres by the application of a force, the work done by the applied force is..... $\left(g = 9.8 \frac{m}{s^2}\right)$

A. 30J

B. 147J

C. 29.4J

D. 294J

Answer: D



Watch Video Solution

20. Choose the correct alternative and write it along with its allotted alphabet:

The kinetic energy of a body is.....

A. mv^2

B. $\frac{1}{2}(mv)$

C. $\frac{1}{2}(mv^2)$

D. $2mv^2$

Answer: C



Watch Video Solution

21. Choose the correct alternative and write it along with its allotted alphabet:

The kinetic energy of a body of mass 2 kg moving with a velocity of $2m / s$ is

A. 8J

B. 4J

C. 2J

D. 16J

A. 8J

B. 4J

C. 2J

D. 16J

Answer: B



Watch Video Solution

22. Choose the correct alternative and write it along with its allotted alphabet:

Power is the.....

- A. time rate of change of momentum
- B. time rate of doing work
- C. product of force and displacement
- D. capacity to do work

- A. time rate of change of momentum
- B. time rate of doing work
- C. product of force and displacement
- D. capacity to do work

Answer: B



Watch Video Solution

23. Choose the correct alternative and write it along with its allotted alphabet:

The gravitational potential energy of a body at a height h from surface of the energy is

A. $\frac{1}{2}mgh$

B. mgh

C. mv^2

D. mg

A. $\frac{1}{2}mgh$

B. mgh

C. mv^2

D. mg

Answer: B



Watch Video Solution

24. Choose the correct alternative and write it along with its allotted alphabet:

In the case of a body falling freely.....

A. its potential energy remains constant

B. its kinetic energy remains constant

C. its potential energy is converted into kinetic energy

D. its kinetic energy is converted into potential energy

A. its potential energy remains constant

B. its kinetic energy remains constant

C. its potential energy is converted into kinetic energy

D. its kinetic energy is converted into potential energy

Answer: C



Watch Video Solution

25. Choose one or more alternatives:

For work to be performed, energy must be

- A. transferred from one place to another
- B. concentrated
- C. transformed from one type to another
- D. destroyed

A. transferred from one place to another

B. concentrated

C. transformed from one type to another

D. destroyed

Answer: A::C



Watch Video Solution

26. Choose one or more alternatives:

the joule is the unit of.....

A. force

B. work

C. power

D. energy

A. force

B. work

C. power

D. energy

Answer: B::D



Watch Video Solution

27. Choose one or more alternatives:

Which of the forces involved in dragging a heavy object on a smooth, horizontal surface, have the same magnitude?

- A. the horizontal applied force
- B. gravitational force
- C. reaction force in vertical direction
- D. force of friction

Answer: B::C



Watch Video Solution

28. Choose one or more alternatives:

Power is a measure of the

A. the rapidity with which work is done

B. amount of energy required to perform
the work

C. the slowness with which work is
performed

D. length of time

Answer: A::C



Watch Video Solution

29. Choose one or more alternatives:

While dragging or lifting an object, negative work is done by.....

- A. the applied force
- B. gravitational force
- C. frictional force
- D. reaction force

Answer: B::C



Watch Video Solution

30. State whether the following statements are true or false:

Power is a scalar quantity.



Watch Video Solution

31. State whether the following statements are true or false:

The kilowatt.hour is a unit of energy.



[Watch Video Solution](#)

32. State whether the following statements are true or false:

The CGS unit of energy is the dyne.



[Watch Video Solution](#)

33. State whether the following statements are true or false:

The SI unit of work is the newton



Watch Video Solution

34. State whether the following statements are true or false:

The kinetic energy of a body of mass, , moving with velocity v is $\frac{1}{2}mv^2$.



Watch Video Solution

35. Find the odd one out and give the reason:

Work, energy, power, force.



Watch Video Solution

36. Find the odd one out and give the reason:

A stretched spring, A body placed at some height from the ground,

A stretched bow, a bullet fired from a gun.



Watch Video Solution

37. Complete the following table

Fill in the blanks:

K.E. (J)	m (kg)	v (m/s)
(1)	28	15
(2) 2000	10
(3) 9520	4



[Watch Video Solution](#)

38. Answer the following questions:

In what sense is the word work used in everyday life? Give two examples.



[Watch Video Solution](#)

39. Answer the following questions:

In what sense is the word work used in scientific terms? Give two examples.



Watch Video Solution

40. Answer the following questions:

Suppose we stand in one place, hold a book in our hand and stretch the hand in the horizontal position. Is work being done on the book?



[Watch Video Solution](#)

41. Answer the following questions:

Define work.



[Watch Video Solution](#)

42. Answer the following questions:

Derive the expression for the work done when the displacement is in the direction of the force.



[Watch Video Solution](#)

43. Answer the following questions:

Obtain an expression for the work done by a force acting on a body when the angle between the force and the displacement of the body is 0 .



[Watch Video Solution](#)

44. Answer the following questions:

Determine the amount of work done when an

object is displaced at an angle of 30° with respect to the direction of the applied force.



[Watch Video Solution](#)

45. Answer the following questions:

State the condition under which the work done is (i) positive (ii) negative (iii) zero.

Why is the work done on an object moving with uniform circular motion zero?



[Watch Video Solution](#)

46. Answer the following questions:

Give two examples of positive work done



Watch Video Solution

47. Answer the following questions:

Give two examples of negative work done.



Watch Video Solution

48. Answer the following questions:

Give two examples of zero work done.



Watch Video Solution

49. Answer the following questions:

In the following case, state whether work is done or not. Justify your answer:

Activity: One applies a force on a big rock but fails to move it.



Watch Video Solution

50. Answer the following questions:

In the following case, state whether work is done or not. Justify your answer:

Activity: A student reads a book.



Watch Video Solution

51. Answer the following questions:

In the following case, state whether work is done or not. Justify your answer:

Phenomenon: The revolution of the earth around the sun.



[Watch Video Solution](#)

52. Answer the following questions:

In the following case, state whether work is done or not. Justify your answer:

Activity: A person carries some goods on a handcart.



[Watch Video Solution](#)

53. Answer the following questions:

In the following case, state whether work is done or not. Justify your answer:

Activity: A worker climbs a staircase with some load on his head.



Watch Video Solution

54. Answer the following questions:

In the following case, state whether work is done or not. Justify your answer:

Activity: A body slides on a frictionless horizontal surface with a uniform velocity.



[Watch Video Solution](#)

55. Answer the following questions:

In the following case, state giving reasons whether the work done is positive or negative:

Activity: A boy goes from the first floor to the third floor with his school bag. Force: The force applied by the boy.



[Watch Video Solution](#)

56. Answer the following questions:

In the following case, state giving reasons whether the work done is positive or negative:

Activity: A cyclist applies brakes to his bicycle, yet the bicycle covers some distance before coming to a halt. **Force:** the force applied by the brakes.



Watch Video Solution

57. Answer the following questions:

In the following case, state giving reasons whether the work done is positive or negative:

Phenomenon: A ripe fruit falling from a tree.

Force: Gravitational force of the earth.



Watch Video Solution

58. Answer the following questions:

What do you understand by unit work?



Watch Video Solution

59. Answer the following questions:

State the SI and CGS units of work.



Watch Video Solution

60. Answer the following questions:

State the SI and CGS units of work.



Watch Video Solution

61. Answer the following questions:

Define the joule and the erg.



Watch Video Solution

62. Answer the following questions:

Obtain the relation between the joule and the erg.



Watch Video Solution

63. Answer the following questions:

Give one example in which a body is acted upon by forces, but the work done is zero.



Watch Video Solution

64. Answer the following questions:

Defien energy.



Watch Video Solution

65. Answer the following questions:

State the SI and CGS units of energy.



Watch Video Solution

66. Answer the following questions:

Why do energy and work have the same units?



Watch Video Solution

67. Answer the following questions:

What are the two forms of mechanical energy?



Watch Video Solution

68. Answer the following questions:

Define kinetic energy.



Watch Video Solution

69. Answer the following questions:

Give two examples of kinetic energy.



Watch Video Solution

70. Answer the following questions:

Derive the formula for the kinetic energy of an object of mass m moving with velocity v .



Watch Video Solution

71. Answer the following questions:

can kinetic energy be negative? Why?



Watch Video Solution

72. Answer the following questions:

If an object has 0 momentum, does it have kinetic energy? Explain your answer.



Watch Video Solution

73. Answer the following questions:

What do you understand by the kinetic energy of a body? With suitable examples explain how a body does work by virtue of its kinetic energy.



Watch Video Solution

74. Answer the following questions:

Explain the correlation between work and energy.





[Watch Video Solution](#)

75. Answer the following questions:

Explain the statement, "work is done due to transfer of energy."



[Watch Video Solution](#)

76. Answer the following questions:

Define potential energy.



[Watch Video Solution](#)

77. Answer the following questions:

Give two examples of potential energy.



Watch Video Solution

78. Answer the following questions:

Obtain the expression for the gravitational potential energy.



Watch Video Solution

79. Answer the following questions:

What do you understand by the potential energy of a body?

Explain it with a suitable example.



Watch Video Solution

80. Answer the following questions:

Classify the following into potential energy and kinetic energy:

(1) Water stored on the top of a hill (2) An

arrow released from a stretched bow (3) A stretched spring (4) A revolving electric fan.



Watch Video Solution

81. Answer the following questions:

Classify each of the following into kinetic energy, potential energy or kinetic energy and potential energy:

(1) A compressed spring (2) The wound up spring of a watch (3) A raised hammer (4) A bullet released from a gun (5) A falling stone

(6) The swinging pendulum of a clock (7) The explosive mixture in a bomb (8) wind (9) Water stored in a dam (10) A stretched bow string (11) Running water (12) waterfall.



[Watch Video Solution](#)

82. Answer the following questions:

Name the various forms of energy.



[Watch Video Solution](#)

83. Answer the following questions:

How is heat energy needed to cook food obtained?



Watch Video Solution

84. What is the current electricity?



Watch Video Solution

85. Answer the following questions:

What is solar energy?



Watch Video Solution

86. Answer the following questions:

State two used of solar energy.



Watch Video Solution

87. Answer the following questions:

What is chemical energy?



Watch Video Solution

88. Answer the following questions:

What is nuclear energy?



Watch Video Solution

89. Answer the following questions:

State one use of nuclear energy?



Watch Video Solution

90. Answer the following questions:

State the law of conservation of energy.



Watch Video Solution

91. Answer the following questions:

Explain with any three examples how various forms of energy are interchangeable.



Watch Video Solution

92. Answer the following questions:

Explain with a neat labelled diagram, the interconversion of potential energy and kinetic energy during the oscillatory motion of a simple pendulum.





[Watch Video Solution](#)

93. Answer the following questions:

Show that the total energy (potential energy+kinetic energy) of a freely falling body remains constant during its motion.



[Watch Video Solution](#)

94. Answer the following questions:

Prove that the kinetic energy of a freely falling object on reaching the ground is nothing but

the transformation of its initial potential energy.



[Watch Video Solution](#)

95. Answer the following questions:

What happens to the chemical energy stored in a fire cracker when it explodes?



[Watch Video Solution](#)

96. Answer the following questions:

A batsman hits a six. What is the nature of energy transformation of the ball?



Watch Video Solution

97. Answer the following questions:

Define power.



Watch Video Solution

98. Answer the following questions:

State the SI and CGS units of power and write the relation between them.



Watch Video Solution

99. Answer the following questions:

Define the watt.



Watch Video Solution

100. Answer the following questions:

State the units of power used in industry and for commercial purpose. Express them in watt.



Watch Video Solution

101. Answer the following questions:

What is the kilowatt.hour? How is it related to the joule?



Watch Video Solution

102. Answer the following questions:

List the electrical gadgets you use at your home. Identify and prepare a list of energy transformation that take place.



Watch Video Solution

103. Answer the following questions:

In an assembly hall microphones and loudspeakers are used. What is the energy transformation taking place?



Watch Video Solution

104. Answer the following questions:

What is the power of an engine, which is working at the rate of 1000 joules per second?



Watch Video Solution

105. Use your Brain Power!

If the mass of a moving body is doubled, how many times will be kinetic energy increase?



Watch Video Solution

106. Use your Brain Power!

Can your father climb stairs as fast as you can?



Watch Video Solution

107. Use your Brain Power!

Will you fill the overhead water tank with the help of a bucket or an electric motor?



Watch Video Solution

108. Use your Brain Power!

Suppose Rajashree, Yash and ranjeet have to reach the top of a small hill. Rajshress wen to car, Yash went by cycling while Ranjeet went by walking. If all of them choose the same path, who will reach first and who will reach last?



[Watch Video Solution](#)

109. Give scientific reasons:

It is easy to swim in a swimming pool than in a river.



[Watch Video Solution](#)

110. Give scientific reasons:

When a body performs uniform circular motion, the work done is zero.



[Watch Video Solution](#)

111. Give scientific reasons:

The wound spring of a watch possesses potential energy.





[Watch Video Solution](#)

112. Give scientific reasons:

A fast bowler takes a longer start while bowling.



[Watch Video Solution](#)

113. Give scientific reasons:

When a bullet fired from a gun strikes the target, the target becomes hot.



[Watch Video Solution](#)

114. Give scientific reasons:

A bicycle moving fast on a levelled road moves up to a certain height on an uphill road even without its being pedalled.



Watch Video Solution

115. Differentiate between OR difference between:

Kinetic energy and Potential energy.



[Watch Video Solution](#)

116. Solve the following examples:

Ravi applied a force of 10 N and moved a book 30 cm in the direction of the force. How much was the work done by Ravi?



[Watch Video Solution](#)

117. Solve the following examples:

A force of 20 N acts on a body. If the displacement of the body is 0.6 m in the

direction opposite to that of the force, calculate the work done by the force.



[Watch Video Solution](#)

118. Solve the following examples:

A body of mass 0.1 kg thrown upward reaches a maximum height of 10 m. Calculate the work done by the force of gravity during this vertical displacement.



[Watch Video Solution](#)

119. Solve the following examples:

Ajit carries a load of 17 kg from the ground to the height of 2 m from the ground. Calculate the work done by him.



Watch Video Solution

120. Solve the following examples:

When a force of 20 N acts on a body, the body is displaced by 5 m. If the angle between the force and displacement is 60° , find the work done by the force.



[Watch Video Solution](#)

121. Solve the following examples:

If the energy required to move a body of mass 1 kg from the ground level to a certain height is 49 J, find the height.



[Watch Video Solution](#)

122. Solve the following examples:

If the energy of a ball falling from a height of

10 metres is reduced by 40 %, how high will it rebound?



[Watch Video Solution](#)

123. Solve the following examples:

A body of mass 1 kg has kinetic energy 2 J. Find the velocity of the body.



[Watch Video Solution](#)

124. Solve the following examples:

The velocity of a car increases from $54\text{km} / \text{h}$ to $72\text{km} / \text{h}$. If the mass of the car is 1500 kg, find the work done to increase the velocity.



Watch Video Solution

125. Solve the following examples:

A man carrying a box of mass 20 kg climbs up to a height of 1m in 40s. Calculate the power delivered by him to the box.





[Watch Video Solution](#)

126. Solve the following examples:

An electric pump has 2 kW power. How much water will the pump lift every minute to a height of 10m?



[Watch Video Solution](#)

127. Solve the following examples:

If a 1200 W electric iron is used daily for 30

minutes, how much total electricity is consumed in the month of April?



[Watch Video Solution](#)

128. Solve the following examples:

Find the mass of water lifted by a pump of power 0.5 hp to a height of 5m in 98 seconds.



[Watch Video Solution](#)

129. Solve the following examples:

An electric bulb of 40 W is used for 25 days at 10 hours per day. Find the units of energy consumed by the bulb and the cost of using electricity at the rate Rs. 2 per unit.



Watch Video Solution

130. Calculate the work done when a force of 60 N displaces a body through 10 m in the direction of the force.





[Watch Video Solution](#)

131. When a force of 30 N acts on a body, the body is displaced by 10 m in the direction inclined at 60° to the force. Find the work done by the force.



[Watch Video Solution](#)

132. A body of mass 5 kg is lifted through a height of 20 m. Calculate the work done by the applied force.



[Watch Video Solution](#)

133. If the energy of a ball falling from a height of 20 m is reduced by 60 % , how high will it rebound?



[Watch Video Solution](#)

134. A body of mass 2 kg moves with a velocity of 5 m/s. Find its kinetic energy.



[Watch Video Solution](#)

135. The speed of a body of mass 4 kg increases from $2m/s \rightarrow 4m/s$ in certain time interval. Find the increase in the kinetic energy of the body.



Watch Video Solution

136. Calculate the potential energy of a body of mass 5 kg at a height of 2m from the ground.



Watch Video Solution

137. A box of mass 10 kg is lifted through a height of 10 m in 49 s. Find the corresponding power.



Watch Video Solution

138. Find the mass of water lifted by a pump of power 0.5 hp to a height of 10 m in 49s.



Watch Video Solution

139. A pump lifts 373 kg of water to a height of 10m in 98s. Find the power of the pump. Express it in horsepower.



[Watch Video Solution](#)

140. An electric bulb of 40 W is used for 50 days at 5 hours per day. Find the units of energy consumed by the bulb and the cost of using electricity at the rate Rs. 3 per unit.



[Watch Video Solution](#)

