



BIOLOGY

BOOKS - UNITED BOOK HOUSE

MODEL PAPER 02

Exercise

1. Which food is called protective food -

A. carbohydrate

B. protein

C. fat

D. vitamin

Answer:



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2. Which is the main source of energy for human -

1. Sunlight

2. Food

3. Rest

4. Green Leafy Tree

A. sunlight

B. foot

C. rest

D. green leafy tree

Answer:



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3. In which state of India vitamin A deficiency is 'higher than others

A. West Bengal

B. Orissa

C. Andhra Pradesh

D. Tamilnadu

Answer:



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4. What amount of β carotene(mg) is transfer in retinol

A. 3

B. 4

C. 5

D. 6

Answer:



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5. Name of the vitamin which helps of produce Prothrombin is

A. vit-A

B. Vit-K

C. vit-C

D. vit-E

Answer:



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6. In human body, carbohydrates are stored in liver and muscle in the form of

A. flavonoids

B. glycogen

C. lactose

D. fructose

Answer:



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7. What amount of lactose comes from cows' milk -

A. 6%

B. 5%

C. 4%

D. 2%

Answer:



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8. Which is a essential amino acid

A. proline

B. valine

C. glysine

D. Arginine

Answer:



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9. Name a rich source of lenoleic Acid

A. mustard oil

B. fish oil

C. sunflower oil

D. all

Answer:



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10. Epidermis of a sponge is called

A. vit-A

B. vit-P

C. vit- B_{12}

D. vit-K

Answer:



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11. Which vitamin deficiency is caused of cheilosis -

A. vit- B_2

B. vit-C

C. vit-K

D. vit-B

Answer:



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12. Name a main disease caused by iodine deficiency

A. mixidims

B. titenus

C. beriberi

D. anaemia

Answer:



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13. In which water fluoride is absent

A. basic

B. soft

C. sweet

D. salty

Answer:



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14. Which mineral produce form carbonic acid
from CO_2 & H_2O -

A. Ca

B. na

C. Fe

D. Zn

Answer:



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15. How many are non essential amino acid-

A. 16

B. 9

C. 11

D. 30

Answer:



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16. Total water amount present in body of an adult man is

A. 20 lit

B. 30 lit

C. 40 lit

D. 50 lit

Answer:



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17. Which hormon helps in urin secretion

A. TSG

B. STH

C. ADH

D. ATP

Answer:



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18. Which one is not a wet heating method ?

A. blanching

B. poaching

C. steaming

D. frying

Answer:



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19. By which cooking digestive capacity of protecting increased

A. below $100^{\circ}C$

B. $100^{\circ}C$

C. within $100^{\circ}C - 110^{\circ}C$

D. no one

Answer:



20. How many salivary gland present in our mouth

A. 2-pair

B. 3-pair

C. 4-pair

D. 5-pair

Answer:



21. Which is the energy source of solar cooker

A. Coal

B. oil

C. sun

D. gas.

Answer:



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22. Write two causes of poor health?



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23. Full name of NCHS?



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24. Write the formula of BMI calculation?



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25. What is kwarshiorkar?



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26. What is invert sugar?



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27. What is called saponification?



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28. What is bee wax?



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29. What is called peptide bond?



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30. Which part of body vit-C is stored in rat?



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31. What is the full form of TPP?



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32. What is dental flurosis?



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33. Where cobalt is stored in human body?



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34. What is edema?



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35. Which element values are increased during menstruation?



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36. What is called complimentary food?



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37. Name an old item of cooking?



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38. Where is the right place of counter in kitchen?



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39. Who are called vegan?



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40. Describe & draw an ideal kitchen for a house?



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41. What are the various side of health?
Describe correct indication mark of good health?



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42. Write a short note : WHO



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43. Write a short note : Difference between plant protein & animal protein.



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44. What is food pyramid?



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45. Describe the 5 food group of food?



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46. What is food planning? Describe about it?



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47. Write down the advantages of vitamin A in vision?





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48. What is protein? Write down the function of protein?



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49. Prepare a diet chart for a 5 years child?



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