



BIOLOGY

BOOKS - UNITED BOOK HOUSE

MODEL PAPER 08

Exercise

1. In human being the immunity power is developed

- A. Through food
- B. Through nutrition
- C. Through good health
- D. Through stored food.

Answer:



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2. Deficiency of which vitamin causes osteomalacia and ricket?

A. Vit-A

B. Vit - C

C. Vit - D

D. Vit - K

Answer:



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3. Which group of vitamin is able to prevent beriberi

A. A

B. B

C. C

D. D

Answer:



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4. The function of protein is -

A. Prevention of disease

B. Development of body

C. Increasing adipose tissue

D. Development of bone

Answer:



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5. Which food is called protective food -

A. Carbohydrate

B. Protein

C. Fat

D. Mineral

Answer:



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6. Total water amount present in body of an adult man is

A. 0.85

B. 0.8

C. 0.75

D. 0.6

Answer:



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7. The micro element which is abundant in dates is

A. Iodin

B. Iron

C. Magnesium

D. Zinc

Answer:



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8. According to ICMR, iron is a -

A. Macro element

B. Micro element

C. Trace element

D. None of these.

Answer:



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9. The amount of water in the body of an infant is

A. 75%

B. 40%

C. 50%

D. 90%

Answer:



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10. α -tocopherol is

A. Vitamin A

B. Vit-K

C. Vit - E

D. Vit - B_{12}

Answer:



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11. Due to deficiency of iodine, the disease that occurs in the body is -

A. Purpura

B. Scurvy

C. Goitre

D. Ricket.

Answer:



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12. The main cause of heart disease is

- A. Undernutrition
- B. Obesity
- C. Environment pollution
- D. Immunity

Answer:



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13. Anti-anaemic mineral is

A. Ca

B. I

C. Fe

D. P

Answer:



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14. Halibut and Cod-Liver oil is an abundant source of

A. Vit -C

B. Vit - E

C. Vit - D

D. Vit - B

Answer:



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15. The normal level of blood glucose in human body is

A. 70-100 mg

B. 80-110 mg

C. 80-120 mg

D. 90-130 mg

Answer:



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16. The carbohydrate which is found in milk

A. Galactose

B. Lactose

C. Fratictose

D. Glucose

Answer:



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17. Example of a conjugated protein is

A. Protamin

B. prolamine

C. Albumin

D. Glutelin

Answer:



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18. The amount of energy derived from protein in our body is

A. 10-12%

B. 13-15%

C. 16-18%

D. 19-20%

Answer:



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19. Due to incomplete Oxidation of fat in our body, it results

A. Ketosis

B. Thrombosis

C. Urosil

D. Atherosclerosis

Answer:



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20. Linolenic acid is not present in

A. Soyabean oil

B. Groundnut oil

C. Sunflower oil

D. Codliver oil

Answer:



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21. From Where adrenaline is secreted?



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22. What is brine?



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23. What is the another name of ADH?



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24. Decreased secretion of which hormone causes negative electrolyte balance?



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25. Why do we feel thirsty?



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26. What is effect of cooking on the collagen of meat?



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27. What is clostridium botulinum?



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28. How much time is needed to cook maskalai?



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29. When was microwave illness seen?



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30. Through which the smoke of kitchen is exudated?



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31. What should be ratio of cereals and pulses in our daily diet?



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32. The lipid and fats present in milk is-



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33. What is called wizard Bean?



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34. Which stimulant is present in Cocoa?



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35. Which is called 'Whitte heat'?



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36. What is called Srikhand?



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37. What is called shimmering? Write the benefits of shimmering.



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38. What do you mean by fermentation? What is the benefits of it?



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39. What is called water balance? How water balance can controlled in our body?



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40. Write the differences : Vitamin D_2 and
Vitamin D_3



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41. Write the differences : Vitamin A_1 and
Vitamin A_2



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42. Discuss the functions of iron in human body. Mention problems due to deficiency of iron.



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43. Mention the functions Deficiency effects and toxicity of fat.



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44. What is called polysaccharide? Describe the classification of polysaccharide with mentioning the source.



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45. Write the differences between plant protein and animal protein.



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