

## **BIOLOGY**

## **BOOKS - MBD -HARYANA BOARD**

## **HUMAN HEALTH AND DISEASE**

Example

**1.** What is the various public health measures which you would suggest to safeguard us against infectious diseases?



**2.** In which way has the study of biology helped us to control infectious diseases?



**3.** How transmissio of each of the following deiseases takes place?

Amoebiasis.



**4.** How transmissio of each of the following deiseases takes place?

Malaria



**Watch Video Solution** 

**5.** How transmissio of each of the following deiseases takes place?

Ascariasis.



**6.** How transmissio of each of the following deiseases takes place?

Pneumonia.



**Watch Video Solution** 

**7.** What measures wuld yuo take to prevent water-borne disease?



**8.** Discuss with your teacher what does 'a suitable gene' means, in the context of DNA vaccines.



**Watch Video Solution** 

**9.** Name the primary and secondary lymphoid organs.



**10.** The following are some well-known abbreviations, which have been used in thhis chpater. Expand each one to its full form.

MAIT



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11. The following are some well-known abbreviations, which have been used in thhis chpater. Expand each one to its full form.

NK cells.



**12.** The following are some well-known abbreviations, which have been used in thhis chpater. Expand each one to its full form.



**Watch Video Solution** 

**13.** The following are some well-known abbreviations, which have been used in this

chapter. Expand each one to its full form.

CTL



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**14.** The following are some well-known abbreviations, which have been used in thhis chpater. Expand each one to its full form.

NACO



**15.** The following are some well-known abbreviations, which have been used in this chapter. Expand each one to its full form.

GALT



**Watch Video Solution** 

**16.** Differentiate between following and give examples of each:

Innate and Acquired Immunity.



**17.** Differentiate between following and give examples of each:

Active and Passive Immunity.



**Watch Video Solution** 

**18.** Draw a well-labelled diagram of an antibody molecule.



**19.** What are the various routes by which transmission of human immunodeficiency virus takes place?



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**20.** What is the mechanism by which the AIDS virus causes deficiency of immune system of the infected person?



**21.** How is a cancerous cell (neoplastic cell) different from a normal cell?



22. Explain what is meant by metastasis.



**23.** Enlist the various harmful effects which alcohol/drug abuse may have on adolescents.



**24.** Do you think that friends can influence one to take alcohol/drugs? If yes, how may one protect himself/herself from such an influence?



**Watch Video Solution** 

**25.** Why is that once a person starts taking alcohol or drugs, it is difficult to get rid of this

habit? Discuss it with your teacher. **Watch Video Solution** 26. In your view what motivates youngsters to take to alcohol or drugs and how can this be avoided? **Watch Video Solution** 27. What is health? **Watch Video Solution** 

**28.** Name three important aspects to maintain good health.



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29. What is diesease?



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**30.** Name the two main groups of diseases.



31. Define infectous diseases.



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32. Name the causative organism of typhoid.



33. Name the causative organisms of Pneumonia.



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34. Nae two bacterial diseases.



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35. Name diagnostic test which confirms typhoid.



**36.** Name the most infectious human common ailment nd write its causative agent.



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**37.** List three fungal general which cause ring worm?



**38.** List two symptoms of ring worm.



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39. Name two most important phagocytes.



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**40.** List five classes of immunoglobins.



**41.** Name the plant from which Cociane is obtained.



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**42.** Name the disorder cuased by excessive use of alcohol.



**43.** List two plants with hallucinogenic prperties.



**44.** Give the full form of CMIS.



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**Watch Video Solution** 

**47.** Which type of immune system is formed by

T-cells?



**48.** Expand **SCID Watch Video Solution** 49. Expand **AIDS Watch Video Solution 50.** Expand HIV:



**51.** From which cells macrophages are derived?



**Watch Video Solution** 

**52.** List two measures which you would take to prevent from water borne diseases.



**53.** Which two types of lymphocytes are involved in immunity?



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**54.** Which lymphocytes form the humoral immune system?



**55.** Which lymphocytes form the cell-mediated immune system?



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**56.** Name the causal organism of filariasis.



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**57.** Why are the antigens called antibodygenerating chemicals?



58. Expand ELISA.



**59.** Name a lymphoid organ which is a reservoir of erythrocytes.



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**61.** Name the type of cancer in which no tumour is formed.



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**64.** Write a note on common cold.



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**Watch Video Solution** 

**66.** Write name of symptoms and modes of transmission of AIDS.



**Watch Video Solution** 

**67.** Name the pathogen that cuases amoebiases in human .Give the symptoms and

modes of transmissions. **Watch Video Solution 68.** Give an account of following diseases: **Ascariasis Watch Video Solution** 69. Give an account of following diseases: **Filariasis Watch Video Solution** 

70. Give an account of following diseases:

Ringworms



**Watch Video Solution** 

**71.** Briefly describe the cells of the immune system.



**72.** Distinguish between an antigen and an antibody.



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73. distinguish between B cells and T cells



**Watch Video Solution** 

**74.** Briefy explain the functions of the following with reference to immunity:

**HLA** proteins



**Watch Video Solution** 

**75.** Briefy explain the functions of the following with reference to immunity:

Interferons



**Watch Video Solution** 

**76.** Briefy explain the functions of the following with reference to immunity:

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78. Differentiate antibodies and interferons.



79. What is autoimmunity? Expain.



**Watch Video Solution** 

**80.** Give full name of human diseases in which body loses its general immunity towards infections. How is this disease transmitted?



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**81.** List a few fewtures that characterise AIDS



82. What are the two serological tests for anti HIV antibodies?



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83. Give a brief account of ELISA test.



**84.** Explain the following terms:

Benign tumour



**Watch Video Solution** 

**85.** Explain the following terms:

Cancerous tumour



**86.** Explain the following terms:

Metastasis



**Watch Video Solution** 

**87.** Define the following:

Cancer or maligancy



88. Define the following:

Carcinogenic.



**Watch Video Solution** 

**89.** Briefly give an account of various hypothesis to explain how a normal cell changes into a cancer cell.



**90.** What are cuases of cancer?



91. On what basis diagnosis of cancer is made?



**92.** Explain the following:Psychedelic drugs and Barbiturates



93. What is Cannabis? List its main derivatives.



**Watch Video Solution** 

**94.** Draw structural formula of morphine and cannabinoid.



**95.** Name some hallucinogens.What are their effects on human body?



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**96.** Define Herion,LSD and Psychotherapy.



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**97.** What is the source of L.S.D. ? What harm does it cause?



**98.** Can a drug addict be made to lead normal life? Suggest the various steps.



**99.** Tobacco addiction is due of nicotine present in it.Mention any four effects of nicotine on human body.



**100.** List a few preventive and control measures of use of alcohol/drugs.



**Watch Video Solution** 

**101.** What is Immune system?Mention the two types of immune system.



**102.** How do B-cells respond to antigens?



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**103.** How T-cells repond to antigens?



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**104.** Describe three types of T-lymphocytes and mentin their function.



**105.** Differentiate between congenital and acquired diseases.



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**106.** Why is using tobacco in any form infactious t the health? Explain.



107. Write ill effects of nictione.



**Watch Video Solution** 

**108.** What are opiate derivatives?Explain.Give examples.



**Watch Video Solution** 

**109.** Give four differences between Benign and Malignant Tumours.



**110.** What is cancer?What are the four main types of cancer?



**Watch Video Solution** 

111. Name at least six danger signals of cancer.



**112.** Explain the role of innate immunity in the protection from infectious agents.



**Watch Video Solution** 

**113.** What are allergic diseases?Name two allergic diseases.How they can be prevented?



**114.** Differentiate between congenital and acquired diseases.



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**115.** Differentiate Humoral immunity and cell mediated immunity.



**Watch Video Solution** 

**116.** Expand BALT and CMIS.



117. Define Oncovirus. Give one example of it.



**Watch Video Solution** 

118. Which body organ acts as a blood bank and why?



**119.** Explain briefly any three methods used to diagnose cancer.



**Watch Video Solution** 

120. Write a note on Vaccination.



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**121.** Name the parasite that causes malaria.At what stage of its life cycle does it enter into

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## Exercise

1. Fill in the blanks with suitable words:

...... are synthetic stimulants.



2. Fill in the blanks with suitable words:

Leaves of coca-bush yield .........



**Watch Video Solution** 

3. Fill in the blanks with suitable words:

NMEP was started in ......



**4.** Fill in the blanks with suitable words:

Ameobic dysentary in human ins caused by

...........



**Watch Video Solution** 

5. Fill in the blanks with suitable words:

..... and ..... are anti-cancer plant

alkaloids.



6. Fill in the blanks with suitable words:

A drug that relieves pain is called ......



**Watch Video Solution** 

7. Fill in the blanks with suitable words:

Filariasis is cuased by .......



SCID is a primary immuno-deficiency.



**Watch Video Solution** 

9. State true or false:

Best preventive measure to control taeniasis is to kill the infected pigs.



Herpes simples-II is an oncovirus.



**Watch Video Solution** 

11. State true or false:

Foetal abnormalities are cuased by LSD.



Amoebic dysentery in human is caused by Entamoeba histolytica.



**Watch Video Solution** 

13. State true or false:

Malaria is a bacterial disease.



Malaria is cused by Culex.



**Watch Video Solution** 

**15.** Coin one word for the following statements:

Spread of cancerous tumour to various body organs.



16. Coin one word for the following statements:

Chemical which is taken on the recommendation of physician



**Watch Video Solution** 

17. Coin one word for the following statements:

Hypersensitivity of body to various external agents called allergens.



**18.** Coin one word for the following statements:

Defensive proteinaceous compound which acts agianst antigen.



**Watch Video Solution** 

**19.** Coin one word for the following statements:

An inocculation stimulating the production of antibody.



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20. Who is known as "father of epidemiology"?

A. Louis Pasteur

B. Edward Jenner

C. John Snow

D. Robert Koch.



**Watch Video Solution** 

**21.** Which of the following diseases is communicabel and 100% fatal if not cotrolled immediately?

A. coronary heart attack

B. arteriosclerosis

C. cholera

D. rabies



**Watch Video Solution** 

## 22. Koch's postulates are not applicable to

A. protozoan diseases

B. bacterial diseases

C. viral diseases

D. Both (a) and (b).

#### **Answer:**

**23.** Virulence depends on the ability of the organism to:

A. produce toxins which affect the host cells and destroy them

B. invade the host and grow in its tissues

C. Both of these

D. None of these.



# **Watch Video Solution**

**24.** Perspiration, saliva and tears contains an enzyme lysozyme which kills:-

A. virus infected cells

B. protosoa

C. bacteria

D. viruses.



# **Watch Video Solution**

**25.** White blood cells that are non-specific killers of microbes are

- A. B-cells
- B. phagocytes
- C. killer T-cells
- D. helper T-cells.



**Watch Video Solution** 

### 26. The term "humor" refers to:

A. bone marrow

B. plasma

C. all internal tissue

D. all subcutaneous tissue.

#### **Answer:**

**27.** Which process destroys all microbial life including spores?

A. disinfection

B. sterlisation

C. isolation

D. use of any chemical.

**Answer:** 



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28. Health is defined as

A. a state of complete physical well being

B. a state of complete mental well being

C. a state of complete social well being

D. All of these.

### **Answer:**



## 29. Antibodies are synthesized by:

- A. B-lymphocytes
- B. phagocytes
- C. helper T-cells
- D. killer T-lymphocytes.

### **Answer:**



**30.** HIV decreases natural immunity of the body by destroying:

- A. RBC
- **B.** Antibodies
- C. T-lymphocytes
- D. B-lymphocytes.

#### **Answer:**



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