



BIOLOGY

BOOKS - DINESH PUBLICATION ENGLISH

LOCOMOTION AND MOVEMENT

Multiple Choice Question

1. Locomotory organs in starfish are

- A. Tube feet
- B. Tentacles
- C. Cilia
- D. Appendages.

Answer: A



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2. Muscle that bends one part over another is called

A. Extensor

B. Flexor

C. Abductor

D. Adductor.

Answer: B



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3. Coronoid process is a part of

A. Upper jaw

B. Lower jaw

C. Hyoid apparatus

D. Cranium.

Answer: B



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4. Foramen magnum and occipital condyles are found in

A. Fronto parietal bone

B. Occipital bone

C. Prootic bones

D. Squamosal bone.

Answer: B



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5. Muscle that brings the limb towards midline is called

- A. Flexor
- B. Abductor
- C. Adductor
- D. Pronator.

Answer: C

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6. Abductor muscles is antagonist of

- A. Adductor
- B. Flexor
- C. Pronator
- D. Rotator

Answer: A

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7. Bending of ankle joint is brought about by

- A. Biceps
- B. Triceps
- C. Trapezius
- D. Gastrocnemius

Answer: D



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8. Acetabulum is located in

- A. Hip joint
- B. Shoulder joint
- C. Knee joint

D. Elbow joint.

Answer: A



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9. The only movable bone in the skull is

A. Maxilla

B. Frontoparietal

C. Mandible

D. Nasal.

Answer: C



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10. Elbow joint is an example of

A. Ball and socket joint

B. Hinge joint

C. Suture joint

D. Gliding joint.

Answer: B



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11. Sutures present between various bones of skull are

A. Cartilaganious joints

B. Synovial joints

C. Hinge joints

D. Fibrous joints.

Answer: D



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12. Cartilaginous joints

- A. Permit slight movements
- B. Are found in symphysis
- C. Are found in the bodies of vertebrae
- D. All the above.

Answer: D



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13. Hinge joints

- A. Are synovial joints
- B. Permit movement in one direction
- C. Are found in knee

D. All the above.

Answer: D



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14. The joints between the carpal bones are

A. Fibrous joints

B. Cartilagenous joints

C. Angular joints

D. Gliding joint.

Answer: D



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15. Immovable joint is

- A. Synarthroses
- B. Amphiarthroses
- C. Diarthroses
- D. None of the above.

Answer: A

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16. In old age, stiffness of joint is due to the

- A. Hardening of bones
- B. Inefficiency of muscles
- C. Decrease in synovial fluid
- D. Enlargement of bones.

Answer: C

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17. Bone formed by the ossification of a tendon is called

- A. Replacing bone
- B. Sesamoid bone
- C. Investing bone
- D. None of the above.

Answer: B



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18. Longest bone in lower arm is

- A. Ulna
- B. Radius
- C. Tibia

D. Femur

Answer: A



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19. Obturator foramen occurs in

A. Interventricular septum

B. Pectoral girdle

C. Skull

D. Pelvic girdle.

Answer: D



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20. Olecranon process is found in

A. Humerus

B. Radius

C. Ulna

D. Tibia.

Answer: C



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21. Collar bone is known as

A. Scapula

B. Coracoid

C. Patalla

D. Clavicle.

Answer: D



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22. Nutrient foramen is present in

- A. Humerus
- B. Femur
- C. Tibia - fibula
- D. All of the above

Answer: D



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23. Deltoid ridge of humerus is meant for

- A. Articulation
- B. Attachment of muscles
- C. Protection

D. None of the above.

Answer: B



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24. A simple crack in the bone when the two parts of the bone remain together is called

(a) Green stick fracture

(b) Simple fracture

(c) Comminuted fracture

(d) Compound fracture

A. Green stick fracture

B. Simple fracture

C. Comminuted fracture

D. Compound fracture.

Answer: A



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25. A fracture in which a small piece of the bone is broken, but remains attached with the ligament is known as

- A. Green stick fracture
- B. Evulsion fracture
- C. Comminuted fracture
- D. Compound fracture.

Answer: B



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26. Atlas vertebra of man is characterized by the presence of

- (a) Procoelous centrum
- (b) Acoelous centrum

(c) Amphicoelous centrum

(d) Absence of centrum

A. Procoelous centrum

B. Acoelous centrum

C. Amphicoelous centrum

D. Absence of centrum.

Answer: D



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27. Neural spine of atlas vertebra of man is directed in the

A. Upward and backward direction

B. Upward and forward direction

C. Downward and backward direction

D. Absent.

Answer: D



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28. Pelvic girdle of man consists of

- A. Ilium, ischium and pubis
- B. Ilium, ischium and clavicle
- C. Ilium, ischium and pubis
- D. Coracoid, clavicle and scapula.

Answer: C



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29. Trochlea of humerus articulates with the

- A. Glenoid cavity

B. Sigmoid notch

C. Acetabulum

D. Carpals.

Answer: B



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30. Centrum is absent in

A. Atlas vertebra

B. Typical vertebra

C. Sacral vertebra

D. Ninth vertebra.

Answer: A



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31. Half of pelvic girdle is known as

- A. Os-innominatum
- B. Ilium
- C. Synsacrum
- D. Suspensorium.

Answer: A



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32. Comminuted fractures are those in which

- A. A bone breaks into many pieces are without blood circulation
- B. A bone breaks into two parts
- C. A bone breaks into many parts
- D. A small piece of bone breaks.

Answer: A



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33. A fracture in which one bone breaks into many parts and some of the pieces protrude out of injured skin is known as

- A. Green stick fracture
- B. Comminuted fracture
- C. Compound fracture
- D. Evulsion fracture.

Answer: C



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34. Two halves of pectoral girdle fuse in

- A. Lateral side
- B. Mid-dorsal sides
- C. Mid-ventral line
- D. Both dorsal and ventral lines.

Answer: C

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35. Shank contains a bone known as

- A. Radio-ulna
- B. Tibia
- C. Humerus
- D. Femur.

Answer: B

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36. Neural canal contains

- A. Ear ossicles
- B. Internal ears
- C. Spinal cord
- D. Brain.

Answer: C



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37. Human vertebral formula is

- A. $C_4T_8L_4S_8C_8$
- B. $C_7T_8L_5S_6C_7$
- C. $C_7T_{12}L_5S_4C_5$

D. $C_7T_{12}L_5S_5C_4$.

Answer: D



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38. Movable joints are called

A. Fibrous joints

B. Symphyses

C. Synovial joints

D. Cartilaginous joints.

Answer: C



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39. The number of pairs of true ribs is

A. 6

B. 7

C. 9

D. 10 .

Answer: B



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40. The number of pairs of false ribs is

A. 2

B. 3

C. 4

D. 7 .

Answer: B



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41. Which of the following ribs are not connected ventrally with the sternum and are called as floating ribs ?

A. 11 and 12

B. 9 and 10

C. 7 and 8

D. 1 and 2.

Answer: A



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42. Long neck of Camel of Giraffe has

(a) Numerous cervical vertebrae

(b) Development of extra large intervertebral pads

(c) Longer vertebrae

(d) Development of extra bony plates between adjacent cervical vertebrae

A. Numerous cervical vertebrae

B. Development of extra large intervertebral pads

C. Longer vertebrae

D. Development of extra bony plates between adjacent cervical vertebrae.

Answer: C



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43. Number of bones present in a leg of human being is

A. 25

B. 30

C. 35

D. 40 .

Answer: B



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44. Phalangeal formula for the hand is

A. 0,2,2,3,3

B. 0,2,3,3,3

C. 2,2,3,3,3

D. 2,3,3,3,3.

Answer: D



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45. The number of carpals per limb of human beings is

A. 5

B. 6

C. 7

D. 8

Answer: D



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46. The number of tarsals per limb of human beings is

A. 5

B. 6

C. 7

D. 8 .

Answer: C



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47. The bones common to face and cranium are

A. Parietal

B. Frontal

C. Temporal

D. Palatine.

Answer: B



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48. Cheek bones are

A. Lacrimal

B. Zygomatic

C. Parietal

D. Ethmoid.

Answer: B



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49. Clavicle is a constituent of

- A. Pectoral girdle
- B. Fore limbs
- C. Hind limbs
- D. Pelvic girdle.

Answer: A



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50. Six of the 206 bones of human skeleton occur in

- A. Skull
- B. Middle ear
- C. Pectoral girdle

D. Pelvic girdle.

Answer: B



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51. Number of bones in human axial skeleton is

A. 80

B. 100

C. 106

D. 126 .

Answer: A



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52. Gorilla rib is

A. Extra floating rib

B. Extra false rib

C. Extra true rib

D. First false rib.

Answer: A



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Revision Questions From Competitive Exams

1. Skull of Rabbit / Man is : —

A. Monocondylic

B. Dicondylic

C. Tricondylic

D. Tetracondylic.

Answer: B



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2. In mammals the number of cervical vertebrae is always

A. 7

B. 9

C. 1

D. 12 .

Answer: A



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3. Which one is bone of fore limb ?

A. Humerus

B. Femur

C. Tibia

D. Fibula.

Answer: A



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4. A deltoid ridge occurs in

A. Radius

B. Ulna

C. Femur

D. Humerus.

Answer: D



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5. Friction is lessened in ball-and-socket joint by

- A. Coelomic fluid
- B. Synovial fluid
- C. Pericardial
- D. Mucin.

Answer: B



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6. Axis vertebra is identified by

- A. Sigmoid notch
- B. Odontoblast
- C. Odontoid process
- D. Olecranon process.

Answer: C



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7. Hinge joint is present between

- A. Humerus and ulna/ratio-ulna
- B. Femur and pelvic girdle
- C. Humerus and pectoral girdle
- D. Skull and atlas.

Answer: A



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8. Which opening occurs in a pair?

- (a) Obturator foramen
- (b) Foramen magnum

(c) Foramen ovalis

(d) Fenestra rotundus

A. Obturator foramen

B. Foramen magnum

C. Foramen ovalis

D. Fenestra rotundus.

Answer: A



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9. The total number of vertebrae in man is

A. 30

B. 32

C. 33

D. 35 .

Answer: C



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10. Number of bones present in human cranium is

A. 8

B. 10

C. 12

D. 16 .

Answer: A



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11. Number of bones in human body is

(a) 206

(b) 205

(c) 306

(d) 305

A. 206

B. 205

C. 306

D. 305 .

Answer: A



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12. Obturator foramen is found in

A. Pelvic girdle

B. Pectoral girdle

C. Cranium

D. Vertebrae.

Answer: A



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13. Number of bones present in an arm is

A. 30

B. 32

C. 35

D. 40 .

Answer: A



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14. Cervical vertebrae are characterised by

A. Transverse processes

B. Neural spines

C. Vertebro-arterial canals

D. Odontoid process.

Answer: C



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15. Sigmoid notch of olecranon process is found in

(a) Tibio-fibula

(b) Femur

(c) Radio-ulna

(d) Humerus

A. Tibio-fibula

B. Femur

C. Ratio-ulna

D. Humerus.

Answer: C



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16. Greater trochanter occurs in

A. Humerus

B. Radius

C. Ulna

D. Femur.

Answer: D



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17. Sella turcica is

A. Depression of long bone

B. Ridge over a bone

C. Depression in skull over in the area of pituitary gland

D. Ridge in the skull in the area of pituitary gland

Answer: C



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18. Ribs are attached to

A. Scapula

B. Sternum

C. Clavicle

D. Ilium.

Answer: B



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19. Number of bones in (one half) of lower jaw in humans is

A. 1

B. 4

C. 6

D. 2 .

Answer: A



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20. Pelvic girdle is made up of

A. Ischium

B. Ilium

C. Pubis

D. All the above.

Answer: D



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21. Zygomatic arch of rabbit (mammals) is formed of

- A. Maxilla, periotic and jugal
- B. Maxilla, squamosal and jugal
- C. Maxilla, pre-maxilla and squamosal
- D. Periotic, jugal and palatine.

Answer: B



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22. Vertebro-arterial canal occurs in

- A. Cervical vertebrae

B. Lumbar vertebrae

C. Thoracic vertebrae

D. Sacral vertebrae.

Answer: A



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23. Which vertebra has the odontoid process ?

A. 7th vertebra of Frog

B. Second vertebra of frog

C. Second cervical vertebra of mammal

D. Second thoracic vertebra of mammal

Answer: C



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24. Smallest bone in Rabbit and Man is

- A. Stapes
- B. Patella
- C. Nasal
- D. Palatine.

Answer: A



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25. Extremities of long bones possess which type of cartilage

- A. Calcified
- B. Fibrous
- C. Elastic
- D. Hyaline.

Answer: D



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26. Ilium is part of

- A. Small intestine
- B. Pectoral girdle
- C. Pulmonary track
- D. Pelvic girdle.

Answer: D



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27. Glenoid cavity is found in:

- A. Pelvic girdle

B. Skull

C. Pectoral girdle

D. Sternum.

Answer: C



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28. Synovial joint occurs between

A. Tail vertebrae

B. Humerus and ulna

C. Two skull bones

D. Two vertebrae.

Answer: B



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29. An example of gliding joint is

- A. Humerus and glenoid cavity
- B. Femur and tibio-fibula
- C. Occipital condyle and odontoid process
- D. Zygapophyses of adjacent vertebrae.

Answer: D



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30. Number of cervical vertebrae in Camel/Whale/Giraffe is

- A. More than that of rabbit
- B. Less than that Rabbit
- C. Same as that of Whale
- D. More than that of Horse.

Answer: C



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31. The total number of muscles in the body of man is

A. 439

B. 639

C. 539

D. 409 .

Answer: B



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32. Gastrocnemius muscles are found in

A. Fore arm

B. Chest

C. Thigh

D. Shanks.

Answer: D



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33. During muscle contraction

A. Size of A-bands remains the same

B. Size of H-zone becomes smaller

C. Size of I-bands decreases

D. All the above.

Answer: D



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34. Which chemical accumulates in a fatigued muscle?

A. Pyruvic acid

B. Lactic acid

C. CO_2

D. A.D.P

Answer: B



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35. Major protein in thick filaments of skeletal muscle fibre is

A. Myosin

B. Actin

C. Tropomyosin

D. Troponin.

Answer: A



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36. At times ligaments and tendons are overstretched or torn. The phenomenon is

- A. Sprain
- B. Dislocation
- C. Fracture
- D. Tension.

Answer: A



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37. Long bones function in

A. Support

B. Support, erythrocyte and leucocyte synthesis

C. Support and erythrocyte synthesis

D. Erythrocyte formation.

Answer: B



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38. A vertebra having convexity both in front and behind is

A. Acoelous

B. Procoelus

C. Amphicoelous

D. Amphiplatyon.

Answer: A



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39. Which element is essential for muscle contraction ?

A. Na

B. K

C. Ca

D. Cl.

Answer: C



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40. Haversian system is a diagnostic feature of

A. Avian bones

B. Reptilian bones

C. Mammalian bones

D. Bone of all animals.

Answer: C



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41. Which of the following components is a part of the pectoral girdle ?

A. Glenoid cavity

B. Sternum

C. Ilium

D. Acetabulum.

Answer: A



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42. The joint between the human skull bones is :

- A. Hinge joint
- B. Synovial joint
- C. Cartilaginous joint
- D. Fibrous joint.

Answer: D

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43. Trochanters occur in

- A. Humerus
- B. Femur
- C. Radio-ulna
- D. Tibio-fibula.

Answer: B

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44. Longest bone in the human body is

A. Humerus

B. Stapes

C. Femur

D. Ratio-ulna.

Answer: C



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45. The acromion process is a part of the

A. Vertebral column

B. Pelvic girdle

C. Femur

D. Pectoral girdle/Scapula.

Answer: D



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46. Part of the body having a single pair of bones is

A. Pelvic girdle

B. External ear

C. Wrist

D. Lower jaw.

Answer: A



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47. The joint present between radius and ulna is

A. Ball and socket

B. Pivot

C. Gliding

D. Hinge.

Answer: D



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48. Comparative study of skulls is

A. Craniology

B. Conchology

C. Malacology

D. Osteology.

Answer: A



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49. The number of floating ribs, in the human body, is

A. 6 pairs

B. 5 pairs

C. 3 pairs

D. 2 pairs.

Answer: D



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50. Head of humerus bones articulates with glenoid cavity of pectoral girdle.

A. Hinge

B. Ball and socket

C. Immovable

D. Pivot joint.

Answer: B



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51. Feeling of fatigue after running fast for some time is due to

- A. Loss of energy
- B. Accumulation of lactic acid in muscles
- C. Formation of succinic acid
- D. Formation of biuret crystals.

Answer: B



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52. The lower jaw in mammals is made up of

- A. Maxilla
- B. Dentary
- C. Mandible
- D. Ethmoid.

Answer: C

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53. Muscle that bends one part over another is called

- A. Flexor
- B. Extensor
- C. Abductor
- D. Adductor.

Answer: A

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54. Sesamoid bone (ossified tendon) is

- (a) Cartilage
- (b) Areolar tissue
- (c) Tendon
- (d) Ligament

A. Cartilage

B. Areolar tissue

C. Tendon

D. Ligament.

Answer: C



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55. Which one has the maximum glycogen?

A. Liver

B. Muscles

C. Nerves

D. Kidneys.

Answer: B



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56. Ankle joint is

A. Pivot joint

B. Ball and socket joint

C. Hinge joint

D. Gliding joint.

Answer: C



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57. Tongue bone is

- A. Palatine
- B. Sphenoid
- C. Pterygoid
- D. Hyoid apparatus.

Answer: D



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58. Chemical ions responsible for muscle contraction are

- A. Ca^{2+} and Mg^{2+}
- B. Ca^{2+} and Na^+
- C. Na^+ and K^+

D. Mg^{2+} and K^+

Answer: A



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59. Epiphysial plate is involved in

- A. Formation of bone
- B. Elongation of bone
- C. Thickness of bone
- D. All the above.

Answer: B



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60. Latissimus dorsi muscle is

A. Chest muscle

B. Shoulder muscle

C. Leg muscle

D. Arm muscle.

Answer: B



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61. Inter-articular disc occurs in

A. Wall of heart

B. Wall of liver

C. Public symphysis

D. In between two vertebrae.

Answer: D



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62. Acetabulum is located in

- A. Pelvic girdle
- B. Pectoral girdle
- C. Fore arm
- D. Upper arm.

Answer: A



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63. Which one is incorporated in muscle fibres?

- A. Acetylcholine
- B. Myoglobin
- C. Histone

D. Cytochrome.

Answer: B



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64. Sarcomere is the unit of

- (a) Contraction
- (b) Relaxation
- (c) Contraction and relaxation
- (d) None of the above

A. Two I-bands

B. A and I bands

C. Two Z-lines

D. Z and A bands.

Answer: C



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65. Haversian canals are found in

- A. All bones
- B. Long bones
- C. Alimentary canal
- D. None of the above.

Answer: B



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66. The functional unit of contractile system in striated muscle is

- A. Sarcomere
- B. Z-band
- C. Cross bridge

D. Myofibril.

Answer: A



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67. Which of the following is not the contractile protein of a muscle?

A. Tubulin

B. Myosin

C. Tropomyosin

D. Actin.

Answer: D



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68. The total number of bones in the hindlimb of a man is

A. 21

B. 24

C. 30

D. 14 .

Answer: C



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69. Sharpey's perforating fibres are related with

(a) Collagen

(b) Muscles

(c) Bone

(d) Skin

A. Collagen

B. Muscles

C. Bone

D. Skin.

Answer: C



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70. Biceps is attached with

A. Radius

B. ulna

C. Femur

D. Both A and B.

Answer: D



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71. Pelvic girdle of man consists of

A. Ilium

B. Ilium and ischium

C. Ilium, ischium and pubis

D. Ischium and pubis.

Answer: C



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72. The pivot joint between atlas and axis is a type of

A. Pivot joint

B. Saddle joint

C. Angular joints

D. Hinge joint.

Answer: A



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73. Astragalus and calcaneum are present in

- A. Fore limb
- B. Hind limb
- C. Scapula
- D. Clavicle.

Answer: B



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74. Coracoid is component of

- (a) Forelimb
- (b) Skull
- (c) Pectoral girdle
- (d) Pelvic girdle

A. Fore limb

B. Skull

C. Pectoral girdle

D. Pelvic girdle.

Answer: C



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75. Olecranon fossa is found in

A. Femur

B. Radius

C. Humerus

D. Ulna.

Answer: D



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76. Two halves of pelvic girdle are joined together by

- A. Pubic symphysis
- B. Ischial symphysis
- C. Ischiopubic symphysis
- D. By fusion.

Answer: A



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77. Sutural joints are found between

- A. Thumb and metatarsal
- B. Humerus and radius-ulna
- C. Parietals of skull

D. Glenoid cavity and pectoral girdle.

Answer: C



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78. Which one is a bone of skull?

A. Atlas

B. Femur

C. Tibia

D. Pterygoid.

Answer: D



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79. What is the joint between sternum and ribs in humans

A. Cartilaginous

B. Fibrous joint

C. Angular joint

D. Hinge joint.

Answer: A



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80. The slow twitch muscle fibre which are rich in myoglobin and have abundant mitochondria are

A. White muscle fibres

B. Red muscle fibres

C. Involuntary muscles

D. All the above.

Answer: B

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81. Coccygeal bone occurs in

- A. Skull
- B. Pectoral girdle
- C. Vertebral column
- D. Pelvic girdle.

Answer: C

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82. During strenuous exercise, glucose is converted into

- A. Glycogen
- B. Pyruvic acid
- C. Starch

D. Lactic acid.

Answer: D



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83. We move our hands while walking for

- A. Faster movement
- B. Balancing
- C. Increasing blood circulation
- D. Relieving tension.

Answer: B



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84. Which of the following is a source of energy for muscle contraction ?

A. Glucose

B. GTP

C. Creatine phosphate

D. ATP.

Answer: D



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85. Which one yields ATP required for muscle contraction?

(a) Myoglobin

(b) Creatine phosphate

(c) Creatinine phosphate

(d) Myosin

A. Myoglobin

B. Creatine phosphate

C. Creatinine phosphate

D. Myosin.

Answer: B



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86. Synovial fluid is present in

A. Spinal cavity

B. Cranial cavity

C. Freely movable joints.

D. Fixed joints.

Answer: C



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87. EDTA injected into muscles combines with Ca^{2+} and

- A. Stops contraction
- B. Causes contraction
- C. Slow down contraction
- D. None of the above.

Answer: A

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88. Sesamoid bone (ossified tendon) is

- A. Patella
- B. Femur
- C. Tarsal
- D. Tibia.

Answer: A

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89. Glycogen is degraded to lactic acid by enzymes in muscles and liver when the animal is

- A. Exhausted
- B. Starved
- C. Killed
- D. Defaecated.

Answer: A



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90. Forearm is rotated to turn palm downward or backward by muscle

- (a) Adductor
- (b) Abductor
- (c) Pronator
- (d) Extensor

A. Adductor

B. Abductor

C. Pronator

D. Extensor

Answer: C



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91. Red muscles have abundant

A. Lactic acid and acetic acid

B. Glucose and haemoglobin

C. Relaxin and myosin

D. Myoglobin and cytochrome

Answer: D



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92. The reactions which change lactic acid into glycogen

- A. Calvin cycle
- B. Cori cycle
- C. Krebs cycle
- D. Glycolysis

Answer: B



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93. Sliding filament theory of muscle contraction was given by

- (a) Arnon and Hill
- (b) Huxley and pullman
- (c) Huxley and Huxley
- (d) Pullman and pullman

- A. Arnon and Hill
- B. Huxley and pullman
- C. Huxley and Huxley
- D. Pullman and pullman.

Answer: C

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94. If a stimulus, several times greater than the threshold stimulus, is provided to a muscle fibre, it will

- A. Contract with same force
- B. Contract forcefully
- C. Contract slightly
- D. Undergo tetany.

Answer: A

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95. The type of joint between the human skull bones is

- A. Synarthrous
- B. Amphiarthrous
- C. Hemiarthrous
- D. Diarthrous.

Answer: A

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96. Which of the following vertebrae are fused

- A. Cervical
- B. Sacrum
- C. Lumbar

D. Thoracic.

Answer: B



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97. Which one is a ball and socket joint

A. Knee joint

B. Elbow joint

C. Humerus and pectoral girdle

D. Skull and atlas.

Answer: C



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98. Tail vertebrae of birds form

A. Wish bone

B. Chevron bone

C. Urostyle

D. Pygostyle.

Answer: D



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99. Actin filaments depolymerise and repolymerise in motile cells with

A. $0.2 - 2.3$ millisecond

B. $1.0 - 2.0$ minutes

C. 1-2 hours

D. 2-3 days.

Answer: A



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100. Which is true of muscle contraction?

- A. (a) Sarcolemma becomes permeable to Ca^{2+} ion
- B. (b) Sarcolemma becomes permeable to Na^+ ions
- C. (c) Sarcolemma becomes nonpermeable to Na^+ ions
- D. (d) Concentration of Ca^{2+} ions is reduced in myoplasm

Answer: B



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101. Which is not the function of bones

- A. Protection of vital organs
- B. Haemopoiesis
- C. Muscle attachment

D. Secretion of hormones.

Answer: D



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102. The total number of bones in the human skull is

A. 22

B. 29

C. 35

D. 72 .

Answer: B



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103. Anisotropic band consists of :

A. Myosin filaments

B. Actin filaments

C. Elastin filaments

D. Both A and B.

Answer: D



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104. Socket in pelvic girdle in which head of femur articulates is formed by fusion of

A. Ischium and pubis

B. Ilium and pubis

C. Ilium and ischium

D. Ilium, ischium and pubis.

Answer: D

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105. All or none law is associated with

- A. Muscle fibre
- B. Neuron
- C. Uriniferous tubule
- D. Both A and B.

Answer: D

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106. Muscular and nervous excitability is reduced by

- A. Na^+
- B. K^+
- C. Ca^{2+}

D. Mg^{2+} .

Answer: B



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107. Largest synovial joint is

- (a) Hip joint
- (b) Knee joint
- (c) Shoulder joint
- (d) Ankle joint

A. Hip joint

B. Knee joint

C. Shoulder joint

D. Ankle joint.

Answer: B



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108. The movable skull bone is

- A. Maxilla
- B. Vomer
- C. Mandible
- D. All the above.

Answer: C



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109. Joint pains in old people are mostly due to

- A. Reduced synovial fluid
- B. Overproduction of synovial fluid
- C. Formation of extra osteocytes

D. All the above.

Answer: A



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110. Pick up the correct match

- (a) Sternum (i) 14
(b) Ribs (ii) 1
(c) Pelvis (iii) 24
(d) Face (iv) 3

A. (a)-ii, (b)-iii, (c)-iv, (d)-i

B. (a)-ii, (b)-iv, (c)-i, (d)-iii

C. (a)-ii, (b)-iii, (c)-i, (d)-iv

D. (a)-ii, (b)-i, (c)-iii, (d)-iv.

Answer: A



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111. Bone formed by the ossification of tendon is called

- A. Dermal bone
- B. Cartilage
- C. Sesamoid bone
- D. Membrane bone.

Answer: C



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112. Fabellae bones are associated with

- (a) Elbow joint
 - (b) Knee joint
 - (c) Neck joint
 - (d) Angular joint
-
- A. Elbow joint

B. Knee joint

C. Neck joint

D. Angular joint.

Answer: B



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113. [A]: Jaws suspensorium in Mammals is craniostylic.

[R]: Articulation of lower jaw is at the mandibular fossa of the squamous region of the temporal bone rather than at the quadrate.

A. Amphistylic

B. Autodiastylic

C. Hyostylic

D. Craniostylic.

Answer: D



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114. Ginglymoid/hinge joint occurs in

- A. Elbow and shoulder
- B. Elbow and knee
- C. Atlas and odontoid process
- D. Knee and ankle.

Answer: B



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115. Hilton's muscle is

- A. aryepiglottic muscle
- B. Quadriceps muscle
- C. Gracillis muscle

D. Trapezius muscle.

Answer: A



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116. Red muscle fibres are rich in

A. Golgi bodies

B. Mitochondria

C. Lysosomes

D. Ribosomes.

Answer: B



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117. Joints of hip and shoulder are

- A. Pivot joints
- B. Ellipsoid joints
- C. Hinge joints
- D. Ball and socket joints.

Answer: D

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118. Which vertebra has the odontoid process ?

- A. Atlas
- B. Sacral
- C. Axis
- D. None of the above.

Answer: C

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119. The spinal cord passes through which of the following vertebral structures?

- A. Foramen of Monro
- B. Iter
- C. Obturator foramen
- D. Foramen magnum.

Answer: D



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120. Shape of human skeleton is

- A. J-shaped
- B. M-shaped
- C. L-shaped

D. S-shaped.

Answer: D



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121. The type of joint between metacarpals and phalanges of fingers is

A. Ball and socket

B. Pivot

C. Saddle

D. Hinge.

Answer: D



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122. Involuntary muscular contraction is called

A. Muscle sprain

B. Muscle fatigue

C. Muscle spasm

D. Muscle twitch.

Answer: C



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123. Rigor mortis is caused due to

A. Depletion of ATP

B. Excess ATP

C. Excess availability of Calcium

D. Release of Magnesium.

Answer: A



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124. Number of ball and socket joints present in human body is

A. 2

B. 4

C. 6

D. 8 .

Answer: B



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125. Muscle activity of our body

A. Increases body temperature

B. Decreases BMR

C. Decreases venous return

D. Reduces blood and lymph flow.

Answer: A



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126. Component of actin filament of a sarcomere is

- (a) Myosin and troponin
- (b) Troponin and actin
- (c) Actin and myosin
- (d) Actin, troponin and tropomyosin

A. Myosin and troponin

B. Troponin and actin

C. Actin and myosin

D. Actin, troponin and tropomyosin.

Answer: D



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127. An all out sprint can not continue for more than 40 seconds because

- A. Run out of oxygen
- B. Accumulation of creatine
- C. Muscle collapse
- D. All the above.

Answer: A



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128. Synovial joint is exemplified by

- A. Ball and socket joint
- B. Pivot joint
- C. Hinge joint

D. All the above.

Answer: D



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129. ATPase enzyme needed for muscle contraction is located in

A. Actinin

B. Troponin

C. Myosin

D. Actin.

Answer: C



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130. Nucleus pulposus is present in

A. Brain

B. Liver

C. Kidney

D. Intervertebral disc.

Answer: D



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131. Sprain is due to pulling of

A. Muscles

B. Tendons

C. Ligaments

D. Nerves.

Answer: C



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132. Hyoid occurs in

- A. Sternum
- B. Skull
- C. Ribs
- D. Pectoral girdle.

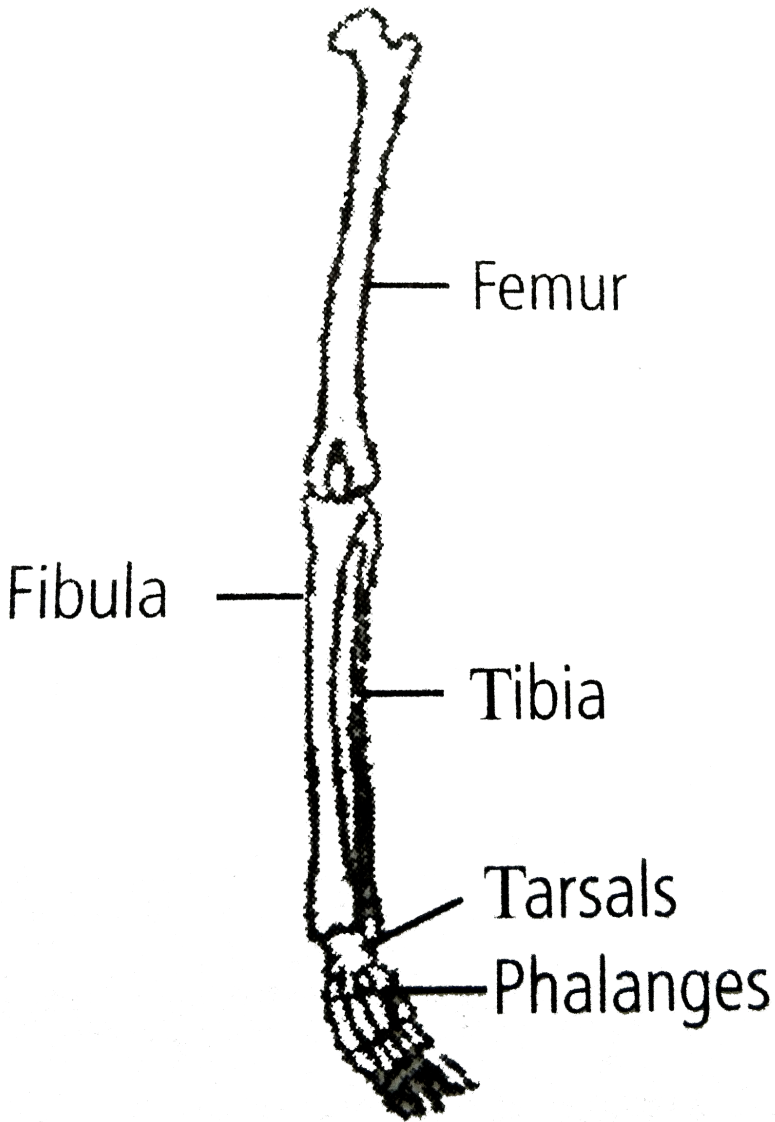
Answer: B



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133. Given diagram shows bone of the left human hindlimb as seen from front. It has certain mistakes in labelling.

Which of the following pairs contain both wrongly labelled bones ?



A. (a) Tibia and tarsals

B. (b) Femur and fibula

C. (c) Fibula and phalanges

D. (d) Tarsals and femur.

Answer: C



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134. Which is correctly matched ?

A. Gliding joint-Between zygapophyses of successive vertebrae

B. Hinge joint-Between vertebrae

C. Cartilaginous joint-Skull bones

D. Fibrous joint-Between phalanges.

Answer: A



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135. The muscle band which remains unchanged during contraction and relaxation of skeletal muscle is

- A. I
- B. H
- C. A
- D. Z-line.

Answer: C



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136. Knee joint is

- A. Gamphosis
- B. Cartilaginous joint
- C. Suture
- D. Synovial joints.

Answer: D



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137. Joint where synovial capsule and synovial fluid are lacking is

- A. Carpal-carpal
- B. Public symphysis in females
- C. Finger and toes males
- D. Femur and pelvis in females.

Answer: B



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138. Lactic acid generated during muscle contraction is elaborated to form glycogen in

- A. Liver
- B. Pancreas
- C. Kidney
- D. Muscle.

Answer: A

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139. Cervical vertebrae are located in

- A. Thoracic region
- B. Abdominal region
- C. Neck region
- D. Lumbar region.

Answer: C

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140. Number of lumbar vertebrae in human skeleton is

A. 12

B. 7

C. 5

D. 2 .

Answer: C



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141. How many ribs are present in human beings

A. 6 pairs

B. 9 pairs

C. 15 pairs

D. 12 pairs.

Answer: D



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142. Which of the following is an example of appendicular skelton?

- A. Bones of skull
- B. Bones of vertebral column
- C. Ribs
- D. Bones of fore and hind limb.

Answer: D



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143. Lactic acid deposition leads to

A. Tetany

B. Muscle fatigue

C. Muscle strain

D. Symphyses

Answer: B



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144. True joints are

A. Synovial joints

B. Synchondrosis

C. Syndesmoses

D. Symphyses

Answer: A



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145. Lumbar vertebrae are found in

- A. Abdominal
- B. Thorax
- C. Neck region
- D. Hip region.

Answer: A



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146. Gout is a disease that affects the joints and leads to arthritis. It is associated with an abnormality of

- A. Pyrimidine metabolism
- B. Purine metabolism
- C. Fat metabolism

D. Protein metabolism.

Answer: B



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147. A cricket player is fast chasing ball in the field. Which one of the following group of bones is directly contributing in this movement ?

A. Femur, Malleus, Tibia, Metatarsals

B. Pelvis, Ulna, Patella, Tarsals

C. Sternum, Femur, Tibia, Fibula

D. Tarsals, Femur, Metatarsals, Tibia.

Answer: D



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148. The number of vertebrae present in cervical, thoracic, lumbar, sacral and coccyx regions are respectively

A. 12,7,5,1,1

B. 1,7,5,12,1

C. 7,12,5,1,1

D. 5,12,7,1,1

Answer: C



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149. The first cervical vertebra is

A. Axis

B. Atlas

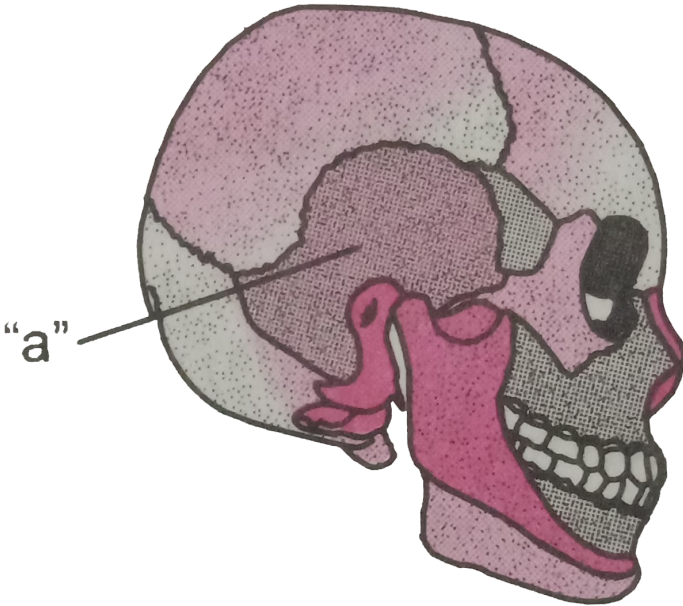
C. Lumbar

D. Sacral.

Answer: B

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150. In the diagram of skull, what does "a" represent



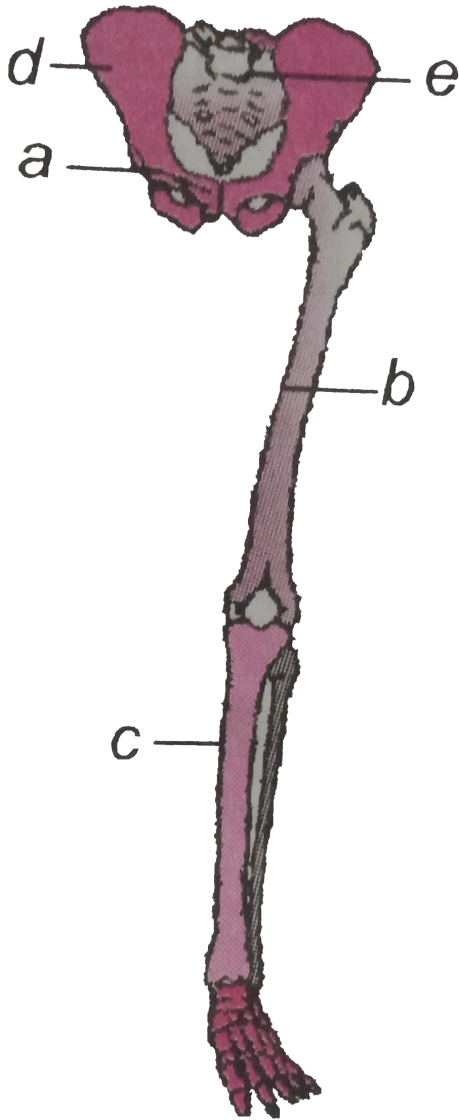
- A. Occipital bone
- B. Frontal bone
- C. Parietal bone
- D. Temporal bone,

Answer: D



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151. Consider the parts labelled as a, b, c, d and e respectively in the diagram and find out the correct sequence



A. Pubis, Femur, Tibia, Ilium and Sacrum

B. Ilium, Femur, Tibia, Pubis and Sacrum

C. Pubis, Tibia, Femur, Ilium and Sacrum

D. Ilium, Femur, Tibia, Pubis and Sacrum.

Answer: A



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152. Heat muscle is sensitive to

- A. Electrical stimuli
- B. Chemical stimuli
- C. Mechanical stimuli
- D. All the above.

Answer: D



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153. Hensen's disc occurs in

- A. Myofibril of striated muscle
- B. Myofibril of unstriated muscle
- C. Myofibril of heart muscle
- D. None of the above.

Answer: A

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154. A bone is connected to another by

- A. Tendon
- B. Ligament
- C. Cartilage
- D. Muscle.

Answer: B

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155. The long protein molecule, which masks the active sites on the f-actin is

- A. Troponin
- B. Tropomyosin
- C. Myosin
- D. Light meromyosin.

Answer: A



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156. Number of bones in cranium, face, hyoid and middle ear are respectively

- A. 14, 8, 1, and 3
- B. 8, 14, 1 and 3

C. 3, 8, 14, and 1

D. 14, 8, 3 and 1.

Answer: B



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157. Statements

A-bands of the muscle are dark and contain myosin

I-band are the light bands and contain actin

During muscle contraction the A-band contracts

The part between the two Z-lines is called as saromere

The central part of thin filament, not over-lapped by thick filament is called H-zone of the above statements.

A. 1,2 and 3 are correct, 2 and 4 incorrect

B. 1,3 and 5 correct, 2 and 4 incorrect

C. 1,2 and 4 correct, 3 and 5 incorrect

D. 1 and 2 correct, 3,4 and 5 incorrect.

Answer: C



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158. Consider the following statements

- A. In man, vertebral column has 33 verte brae organized as 28 bones.
- B. Pelvic gridle is made up of two fused bones only.
- C. Osteoporosis is characterized by microar chitectural deterioration of the bone.

A. I alone is correct

B. II alone is correct

C. III alone is correct

D. I alone is incorrect.

Answer: D



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159. A joint made for power is

- A. Knee joint
- B. Suture in cranium
- C. Joint between vertebrae
- D. Mandibular joint.

Answer: D



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160. Number of wrist bones is

- A. 8
- B. 9
- C. 7

D. 6 .

Answer: A



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161. Cartilaginous joints

A. Synchondrosis

B. Symphyses

C. Diarthrosis

D. Both A and B.

Answer: D



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162. Symphysis consists of

A. Hyaline cartilage

B. Elastic cartilage

C. Fibrocartilage

D. Synovial fluid.

Answer: C



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163. Bones become fragile in:

A. Arthritis

B. Osteoporosis

C. Gout

D. None of the above.

Answer: B



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164. In human body, which one of the following is anatomically correct ?

- A. Collar bones - 3 pairs
- B. Salivary glands - one pair
- C. Cranial nerves - 10 pairs
- D. Floating ribs - 2 pairs.

Answer: D



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165. Which one of the following is a skull bone?

- A. Atlas
- B. Pterygoid
- C. Arytenoid

D. Coracoid.

Answer: B



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166. For the elbow joint, triceps is

A. Flexor

B. Extensor

C. Abductor

D. Adductor.

Answer: B



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167. During contraction of skeletal muscle Ca^{2+} bind to

A. Troponin-C

B. Troponin-A

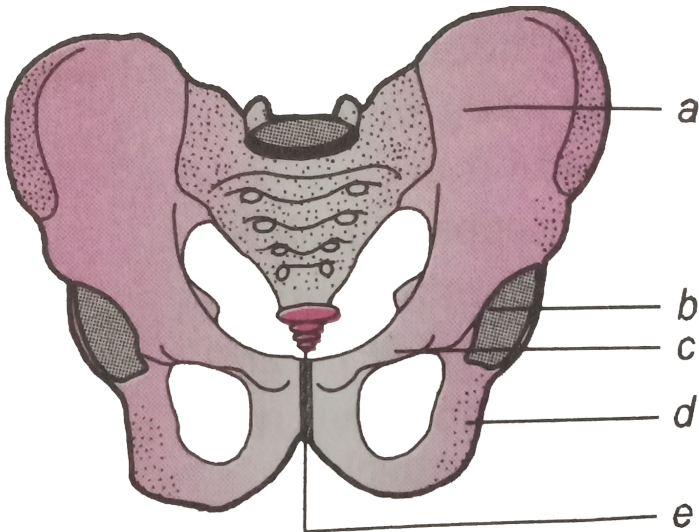
C. Calmodulin

D. Cal bindin.

Answer: A

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168. Identify the labelling a, b, c, d, and e of pelvic girdle



A. a-pubis, b-acetabulum, c-iliium, d-ischium, e-pubis symphysis

B. a-iliium, b-acetabulum, c-pubis, d-ischium, e-pubic symphysis

C. a-ischium, b-acetabulum, c-pubis, d-iliium, e-pubic symphysis

D. a-iliium, b-pubis, c-acetablum, d-ubic symphysis, e-ischium

Answer: B



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169. Which is correct about

Assertion a. Knee joint is hinge joint. Reason r. Femur, patella and fibula are associated with knee joint.

A. a is correct but r is wrong.

B. Both correct with r being explanation of a

C. a is wrong but r is correct

D. Both a and r are correct but r is not correct explanation of a.

Answer: D



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170. In mammals, secondary palate is formed by union of

- A. Premaxilla, pterygoid and squamosal
- B. Maxilla, quadrate and palatine
- C. Premaxilla, maxilla and palatine
- D. Premaxilla, quadrate and squamosal.

Answer: C



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171. Glenoid cavity articulates

- A. Scapula

B. Humerus

C. Femur

D. Both A and B.

Answer: D



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172. Which one is required for muscle contraction and nerve impulse transmission ?

A. Ca^{2+}

B. Mg^{2+}

C. Fe^{2+}

D. Both A and B.

Answer: A



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173. What are correct about synovial joint?

1. Ball and socket
2. Pivot joint
3. Hinge joint
4. Cartilaginous joint

A. 1,2,3 correct

B. 1,2 correct

C. 2,4 correct

D. 1,3 correct.

Answer: A



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174. Achilles tendon is associated with

- A. Hamstring muscle
- B. Gluteus muscle
- C. Quadriceps muscle
- D. Gastrocnemius muscle.

Answer: D

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175. In hurdle race, what is major source of energy to leg muscle

- A. Preformed ATP
- B. Oxidative metabolism
- C. Pyruvate and lactate
- D. Glycolysis.

Answer: B

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176. Centrum of 8th vertebra of frog is

A. Procoelous

B. Acoelous

C. Amphiplatyan

D. Amphicoelous.

Answer: D



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177. Standing on tip toe is an example of

A. Elevation

B. Flexion

C. Extension

D. Retraction.

Answer: A



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178. The wall of the internal organs such as blood vessels, stomach and intestine contains which type of muscle tissue?

A. Striped

B. Cardiac

C. Smooth

D. None of the above.

Answer: C



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179. Which is correctly paired ?

- A. Heart-Involuntary, unstriated muscle
- B. Iris-Involuntary, smooth muscle
- C. Biceps-Smooth muscle
- D. Abdominal Wall-smooth muscle.

Answer: B



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180. Upon stimulation of skeletal muscles calcium is immediately made available for binding to troponin from

- A. Blood
- B. Lymph
- C. Bone
- D. Sarcoplasmic reticulum.

Answer: D



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181. This facial bone is unpaired

A. Lacrimal

B. Vomer

C. Nasal

D. Palatine.

Answer: B



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182. The generation of excitation - contraction coupling involves all the following events excepts

- A. Generation of end plate potential
- B. Release of calcium form troponin
- C. Hydrolysis of ATP to ADP
- D. Formation of cross-linkages between actin and myosin.

Answer: B

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183. Which is wrongly matched ?

- A. Red muscle-myoglobin
- B. Tendon-connective tissue
- C. Troponin-fibrous protein
- D. Smooth muscle-involuntary muscle.

Answer: C

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184. Which is common to kidney and skeleton in mammals

- A. Cortex
- B. Medulla
- C. Radius
- D. Pelvis.

Answer: D



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185. Wich one of the following is the correct matching of three items and their grouping category?



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186. Innominate is

- A. A nerve
- B. An artery
- C. A vein
- D. Part of skeleton and an artery.

Answer: D



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187. End plate junction is present between

- A. Neuron and striated muscle
- B. Neuron and muscle
- C. Muscle and muscle
- D. Both B and C.

Answer: A



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188. In a resting muscle fibre, tropomyosin partially covers

- A. Ca-binding sites on actin
- B. Ca-binding sites on troponin
- C. Actin binding sites on myosin
- D. Myosin binding sites on actin.

Answer: D



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189. In human beings the carpium is formed by

- A. Eight bones of which two are paired

- B. Ten bones in which two are paired
- C. Twelve bones of which two are paired
- D. Fourteen bones of which six are paired.

Answer: A



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190. The type of muscle fibres present in the wall of alimentary canal is

- A. Smooth muscle fibres
- B. Striped muscle fibres
- C. Cardiac muscle fibres
- D. Both A and B.

Answer: A



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191. Bucket-handle movement is seen in

- A. Ribs 1-2
- B. Ribs 3-5
- C. Ribs 6-10
- D. Ribs 11-12.

Answer: C



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192. Progressive degeneration of skeletal muscle, mostly due to genetic disorder occurs in

- A. Myasthenia gravis
- B. Muscular dystrophy
- C. Arthritis
- D. Tetany.

Answer: B



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193. Match the following and choose the correct option

| Types of synovial joints | Bones involved |
|---------------------------|-----------------------------------|
| <i>A.</i> Ball and socket | 1. carpal and metacarpal of thumb |
| <i>B.</i> Hinge | 2. Atlas and axis |
| <i>C.</i> Pivot | 3. Frontal & parietal |
| <i>D.</i> Saddle | 4. knee |
| | 5. Humerus and pectoral girdle |

A. a-5, b-4, c-2, d-1

B. a-2, b-5, c-4, d-1

C. a-1, b-2, c-5, d-4

D. a-5, b-4, c-3, d-1

Answer: A



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194. Which of the following statements are correct regarding muscle proteins ?

- (i) Actin is a thin filament and is made up of two F-actin
- (ii) The complex protein, tropomyosin is distributed at regular intervals on the troponin
- (iii) Myosin is a thick filament which is also a polymerised protein.
- (iv) The globular head of meromyosin consists of light meromyosin (LMM).

A. i , iii and iv are correct

B. i and iii are correct

C. i , ii and iii are correct

D. i , ii and iv are correct

Answer: D



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195. The example of pivot joint is

- A. Ankle joint
- B. Hip joint
- C. Radioulnar joint
- D. Metacarpophalangeal joint.

Answer: C

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196. The major function of the intervertebral disc is to

- A. Prevent injury
- B. Absorb shock
- C. String the vertebrae
- D. Prevent hyper-extension.

Answer: B

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197. Which type of joint is characterised by the presence of a fluid filled cavity and play a significant role in locomotion?

- A. Fibrous joint
- B. Cartilaginous joint
- C. Synovial joint
- D. All of the above.

Answer: C



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198. How many bones forms pectoral girdle in human ?

- A. Two innominates
- B. Two clavicles and two scapulae
- C. One clevice and one scapula

D. Two cleavicles and one scapula.

Answer: B



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199. Which one is correctly matched

A. Tibia and fibula-Both form part of knee joint

B. Cartilage and Cornea-No blood supply but do require O_2 for respiratory needs

C. Shoulder joint and elbow joint-Ball and socket joint

D. Premolars and molar-20 in all and 3-rooted.

Answer: B



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200. Which one of the following is the correct description of a certain part of a normal human skeleton?

- A. First vertebra is axis which articulates with occipital condyles
- B. Parietal bone and temporal bone of skull are jointed by fibrous joint
- C. 9th and 10th pairs of ribs are called floating ribs
- D. Glenoid cavity is depression to which thigh bone articulates.

Answer: B



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201. The ankle, knee and elbow joints are all joints.

- A. Pivot joints
- B. Ellipsoid joints
- C. Hinge joints
- D. Synovial joints.

Answer: D



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202. What is the location of troponin in the process of muscle contraction

- A. Attached to myosin filament
- B. Attached to tropomyosin
- C. Attached to myosin cross-bridges
- D. Attached to T-tubule.

Answer: B



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203. Correct order of stages of muscle contraction is

A. Stimuli → Neurotransmitter secretion → Release of calcium → Cross-bridges formation → Excitation of T-system → Sliding of actin filament

B. Stimuli → Neurotransmitter secretion → Excitation of T-system → Release of Ca^{2+} → Cross-bridges formation → Sliding of actin filaments → 'H' band diminishes

C. Stimuli → Excitation of T-system → Neurotransmitter secretion → Cross-bridges → 'H' band diminishes

D. *Stimuli to Excitation of T – system to Neurotransmitter secretion to Cross – Neurotransmitter secretion to Sliding of actin filament to 'H' band diminishes.*

Answer: B



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204. Name the following having oxygen storing capacity

A. Myoglobin

B. Myosin

C. Actin

D. Fibrin.

Answer: A



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205. Which is not true for red fibres

A. Muscles contain a red coloured oxygen storing pigment

B. Muscles contain plenty of mitochondria

C. They are also called aerobic muscles

D. Amount of sarcoplasmic reticulum is high.

Answer: D

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206. Dark colour of breast muscles of birds of flight is due to high concentration of

- A. Mitochondria
- B. Haemoglobin
- C. Myoglobin
- D. Both myoglobin and mitochondria.

Answer: C

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207. The coxal bone of the pelvic girdle is formed by the fusion of

- A. Ilium, ischium and pubis
- B. Scapula and clavicle
- C. Ilium and scapula
- D. Ilium, scapula and ischium.

Answer: A

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208. The scapula extends on the backside of the thorax between

- A. Second and fifth ribs
- B. Second and seventh ribs
- C. Third and sixth ribs
- D. Third and eighth ribs

Answer: B

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209. Actin binding sites are located on

- A. Troponin
- B. Tropomyosin
- C. Meromyosin
- D. Both B and C.

Answer: C



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210. The clavicle articulates with _____ of scapula

- A. Ball and socket joint
- B. Acetabulum cavity
- C. Acromian process

D. Glenoid cavity.

Answer: C



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211. Which one is a mismatch

- A. Sternum and ribs - Axial skeleton
- B. Clavicle and glenoid cavity - Pelvic girdle
- C. Humerus and ulna - Appendicular skeleton
- D. Malleus and stapes - Ear ossicles.

Answer: B



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212. Type of muscle present in our

A. Upper arm is smooth muscle and fusiform in shape

B. Heart is voluntary and unstriated smooth muscle

C. Intestine is striated and involuntary

D. Thigh is striated and voluntary.

Answer: D

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213. Skeletal muscles fibre has light and dark bands. Which is correct match of protein with its light refractive property and colour

A.

| | Protein | Colour | Property |
|-----|---------|--------|-------------|
| (A) | Myosin | Light | Anisotropic |

B.

| | Protein | Colour | Property |
|-----|---------|--------|-------------|
| (B) | Actin | Dark | Anisotropic |

C.

| | Protein | Colour | Property |
|-----|---------|--------|-----------|
| (C) | Myosin | Dark | Isotropic |

D.

| | Protein | Colour | Property |
|-----|---------|--------|------------|
| (D) | Actin | Light | Isotropic. |

Answer: D

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214. Select the correct statement about disorder of muscular or skeletal system

- A. Muscular dystrophy-Autoimmune disortening of muscles
- B. Myasthenia gravis -Autoimmune disorder which inhibits sliding of myosin filaments
- C. Gout - Inflammation if joints due to extra deposition of calcium
- D. Osteoporosis - Decrease in bone mass and higher chances of fractures with advancing age.

Answer: D

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215. All or none law is mot applicable for

A. Single skeletal muscle fibre

B. Whole skeletal muscle

C. Single smooth muscle fibre

D. Whole cardiac muscle.

Answer: B



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216. Which is correctly categorised

A. Troponin and Myosin-Complex proteins in striated muscles

B. Calcitonin and Thymosin-Thyroid hormones

C. Pepsin and Prolactin-Digestive enzymes secreted in stomach

D. Secretin and Rhodopsin-Polypeptide hormones.

Answer: A



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217. Two motor boats A and B move from same point along a circle of radius 10 m in still water. The boats are so designed that they can move only with constant speeds. The boats A and B take 16 and 8 sec respectively to complete one circle in stationary water. Now water starts flowing at $t = 0$ with a speed $4\frac{m}{s}$ in a fixed direction. Find the distance between the boats after $t = 8$ sec.

- A. Actin and myosin
- B. Troponin
- C. Tropomyosin
- D. All the above.

Answer: D



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218. In the resting state, binding sites for myosin on actin filaments are masked by

- A. Troponin
- B. Light meromyosin
- C. Heavy meromyosin
- D. Calcium ions.

Answer: A



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219. ATPase activity in the muscle fibre lies with

- A. Light meromyosin
- B. Head of heavy meromyosin
- C. Troponin
- D. Short arm of heavy meromyosin.

Answer: B



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220. The thick filament in muscles is polymerised protein of

A. Meromyosins

B. Actins

C. Troponin

D. Tropomyosins

Answer: A



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221. Study the statements about human skeleton (i) Skull is dicondylic (ii) Metacarpals are five in number (iii) Petella is cup-shaped bone covering

the knee dorsally (iv) Scapula is a large triangular flat bone, situated on the ventral side of thorax (v) The pelvic girdle has two coxal bones.

- A. *i*, *v* are wrong
- B. *i*, *ii* are wrong
- C. *ii*, *v* are wrong
- D. *iii*, *iv* are wrong.

Answer: D



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222. The functional unit of contractile system in the striped muscle is sarcomere.

- A. Portion of myofibril between two successive 'Z' lines
- B. I band
- C. A band

D. I band with Z line.

Answer: A



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223. During muscular contraction, which of the following events occur?

- (i) H-zone disappears
- (ii) A-band widens
- (iii) I-band reduces in width
- (iv) Width of A-band is unaffected
- (v) M-line and Z-line come closer

A. *i*, ii, v

B. *i*, ii, iii

C. *i*, iii, iv, v

D. *ii*, iv, v.

Answer: C



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224. The disease caused by accumulation of uric acid crystals outside the joints is called

- A. Uric acid
- B. Calcium carbonate
- C. Oxalic acid
- D. Lactic acid.

Answer: A



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225. Human vertebral formula is

- A. Procoelous
- B. Amphicoelous

C. Acoelous

D. Heterocoelous.

Answer: C



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226. Human vertebral column of 33 vertebrae and _____ bones

A. 33

B. 29

C. 27

D. 26 .

Answer: D



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227. The protein whose removal enables myosin to bind actin in smooth muscle is

- A. Tropomyosin
- B. Caldesmon
- C. Myosin light chain kinase
- D. Calmodulin.

Answer: B



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228. Collar bone is known as

- A. Scapula
- B. Stapes
- C. Coracoid
- D. Clavicle.

Answer: D



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229. Match the lists and the correct option

I

II

- | | |
|-----------------------|------------------|
| (a) Mastoid process | 1. Premaxilla |
| (b) Acromion process | 2. Axis |
| (c) Olecranon process | 3. Scapula |
| (d) Odontoid process | 4. Ulna |
| | 5. Pariotic bone |

A. a-4, b-5, c-3, d-2

B. a-4, b-2, c-1, d-5

C. a-5, b-3, c-4, d-2

D. a-5, b-2, c-4, d-1.

Answer: C



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230. Radius is bone of

- A. Arm
- B. Leg
- C. Pelvic girdle
- D. Cranium.

Answer: A



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231. The correct order of vertebrae is

- A. Cervical, thoracic, lumbar, sacral
- B. Thoracic, lumbar, cervical, sacral
- C. Sacral, cervical, lumbar, thoracic
- D. Lumbar , thoracic, sacral, cervial.

Answer: A



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232. Which is thick filament of muscle

- A. Actin
- B. Troponin
- C. Tropomyosin
- D. Myosin.

Answer: D



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233. Which is correct

- A. Joint between adjacent vertebrae is a fibrous joint
- B. Decreased level of Progesterone causes osteoporosis in old people
- C. Accumulation of uric acid crystals in joints causes inflammation

D. vertebrae is made up of cartilage only

Answer: C



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234. The H-zone in the skeletal muscle fibre is due to

- A. Extension of myosin filaments in central portion of A-band
- B. Absence of myofibrils in the central portion of A-band
- C. Central gap between filaments in A-band
- D. Central gap between actin filaments extending through myosin filaments in A-band.

Answer: D



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235. Select the correct statement about muscular disorder

- A. Accumulation of urea and creatine in joints.
- B. An overdoes of vitamin D causes osteoporosis
- C. Rapid contraction of skeletal muscles causes dystrophy
- D. Failure of neuromuscular transmission in myasthenia gravis can prevent normal swallowing.

Answer: D



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236. Which is correct statement for white muscle fibre

- A. It contains low amount of haemoglobin and mitochondria
- B. It contains higher amount of myoglobin
- C. It contains low amount of myoglobin and mitochondria

D. It possesses only actin type of protein.

Answer: C



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237. Which of the following type of muscles are not fatigued soon

A. Cardiac muscle

B. Smooth muscle

C. Both A and B

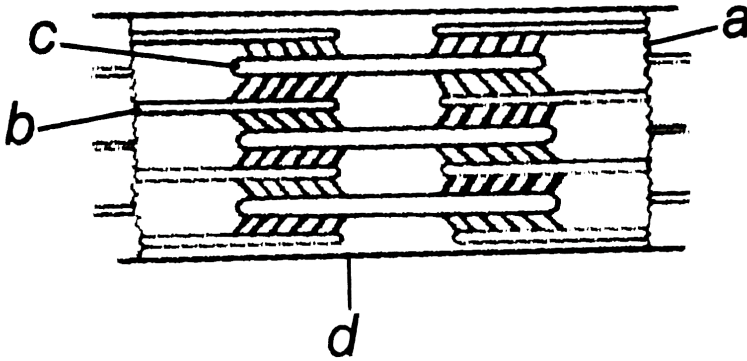
D. Voluntary muscle.

Answer: C



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238. Which is true for labelled parts in the figure



- A. a-Z-line-located at centre of I-band
- B. b-thin filament-occurs in A-band only
- C. c-thin filament-confined to I-band
- D. d-H-zone-located at centre of M-line.

Answer: A



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239. Which of the following is a flat bone?

A. Carpal

B. Vertebrae

C. Incus

D. Ribs.

Answer: D



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240. Still disease is a type of

A. Arthritis

B. Rickets

C. Sprain

D. Osteoporosis.

Answer: A



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241. Name the bone that doesn't articulate with any other bone in the body.

- A. Hyoid
- B. Femur
- C. Sacrum
- D. Tarsus.

Answer: A



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242. Read the statement regarding myofibril and choose the correct option

1. Each myofibril has alternate dark and light bands.
2. In the centre of each 'A' band is an elastic fibre called 'Z' -line 3. 'A' and 'I' bands are arranged alternately throughout the length of myofibril

4. Sarcomere is the functional unit of contraction

5. Central part of thick filament not overlapped by a thin filament is the 'M' line

A. 1,3 and 5 alone are correct

B. 2 and 5 alone are correct

C. 2 and 3 alone are correct

D. 1,3 and 2 alone are correct.

Answer: A



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243. Myasthenia gravis is an example of

A. Viral disease

B. Immunological disease

C. Autoimmune disease

D. Allergic reactions.

Answer: C



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244. Excitatory neurotransmitter involved in transmission of impulse at neuromuscular junction is

- A. Epinephrine
- B. Serotonin
- C. Acetylcholine
- D. Glycine.

Answer: C



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245. Which of the following is not involved in muscle contraction?

A. Ca

B. Troponin

C. Actin

D. Mg.

Answer: D



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246. Intervertebral discs are composed of

A. Costal cartilage

B. Hyaline cartilage

C. White fibrous cartilage

D. Yellow-elastic cartilage.

Answer: C



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247. Sarcoplasmic reticulum of muscle fibres is the store house of

- A. Calcium
- B. Sodium
- C. Chloride
- D. Potassium.

Answer: A



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248. A single U - shaped bone at the base of the buccal cavity is called:

- A. Hyoid

B. Maxilla

C. Mandible

D. Zygomatic.

Answer: A



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249. Match the lists and find the correct match

I

II

- | | |
|--------------------|-----------------------------|
| (a) Zygomatic bone | I. Keystone bone of cranium |
| (b) Lacrimal bones | II. Cheek bone of cranium |
| (c) Parietal bones | III. Smallest bone of face |
| (d) Sphenoid bone | IV. Roof of cranium |
| | V. Floor of cranium |

A. a-I, b-III, c-V, d-II

B. a-II, b-III, c-IV, d-I

C. a-II, b-IV, c-I, d-III

D. a-II, b-III, c-IV, d-V.

Answer: B



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250. Globular head of myosin contains

- A. Ca ions in large quantities
- B. Troponin
- C. ATPase enzyme
- D. ATP.

Answer: C



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251. Which one of the following is not a synovial joint

- A. Ball and socket joint

B. Pivot joint

C. Structures forming the cranium

D. Hinge joint.

Answer: C



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252. The central hollow portion of vertebra is

A. Neural canal

B. Central canal

C. Auditory canal

D. Vertebro-arterial canal.

Answer: A



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253. Identify the vertebrochondral ribs from the following

- A. All twelve
- B. 10th and 11th pairs of ribs
- C. 8th, 9th and 10th pairs of ribs
- D. 11th and 12th pairs of ribs.

Answer: C



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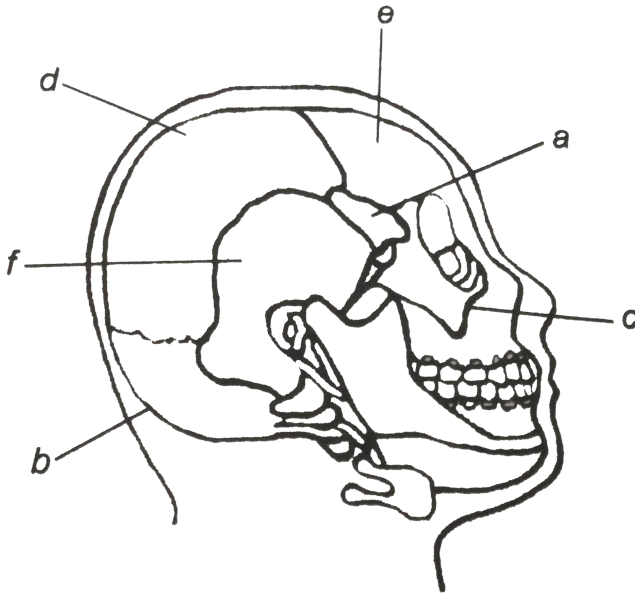
254. The striated appearance of a myofibril is due to distribution pattern of

- A. Actin and myosin
- B. Fascicles
- C. Troponin
- D. Meromyosin.

Answer: A

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255. Select the correct option of labels in human skull



A. a-temporal bone, b-parietal bone,

c-sphenoid bone, d-frontal bone

e-zygomatic bone, f-occipital

B. a-frontal bone, f-occipital bone,
c-occipital bone, d-sphenoid bone,
e-parietal bone, f-temporal bone

C. a-sphenoid bone, b-occipital bone,
c-zygomatic bone, d-parietal bone,
e-frontal bone, f-temporal bone

D. a-sphenoid bone, b-zygomatic bone,
c-occipital bone, d-frontal bone,
e-temporal bone, d-frontal bone.

Answer: C



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256. Choose the wrong matched pair

A. Isotropic band-Actin

B. Anisotropic band-Myosin

C. Central part of A band -H-zone

D. Central part of A-band -M-line.

Answer: D



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257. Select the correct match

A. Pivot joint-Between third and fourth cervical vertebrae

B. Hinge joint -Between humerus and pectoral girdle

C. Gliding joint-Between carpals

D. Cartilaginous joint-Between frontal and parietal.

Answer: C



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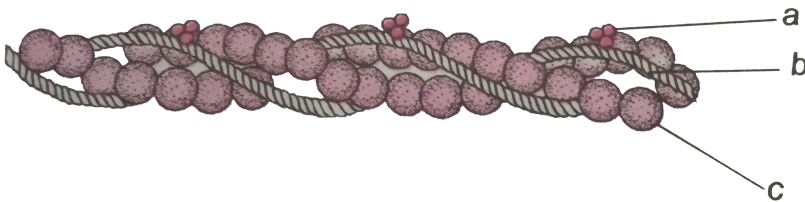
258. Stimulation of muscle fibre by a motor neuron occurs at

- A. Transverse tubules
- B. Neuromuscular junction
- C. Myofibril
- D. Sarcoplasmic reticulum.

Answer: B

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259. Select the correct option regarding a, b and c



- A. a-tropomyosin-runs close to F-actin throughout its length

- B. b-troponin-complex protein distributed at regular intervals of tropomyosin
- C. c- F-actin - polymer of monomeric G- actin helically bound to each other
- D. None of these.

Answer: C



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260. The pivot joint between atlas and axis is a type of

- A. Both assertion and reason are true with being correct explanation
- B. both true but reason is not correct explanation
- C. assertion true but reason incorrect
- D. both incorrect

Answer: C



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261. Type of joint present between carpal and metacarpal of thumb is

- A. Hinge joint
- B. Saddle joint
- C. Gliding joint
- D. Pivot joint.

Answer: B



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262. Monomeric actin is called

- A. F-actin
- B. M-actin
- C. G-actin

D. N-actin.

Answer: C



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263. Name the bone that doesn't articulate with any other bone in the body.

A. Humerus

B. Malleus

C. Phalanges

D. Hyoid.

Answer: D



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264. In amoeboid movement, according to Goldacre and Lorsch, cytoplasm solates due to

- A. Action of Cytoplasm and Actin
- B. Coordinated beats of cilia
- C. Whip-like action of flagella
- D. Action by the mitotic spindle, similar to what happens during mitosis and meiosis.

Answer: A



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265. At full muscle contraction the Z-lines attached to thin filaments are almost touching

- A. A-band
- B. I-band

C. Actin fibres

D. H-zone.

Answer: A



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266. An auto-immune disorder in which there is inflammation of synovial membrane, secreting abnormal granules and causing erosion of articular cartilage is

A. Gout

B. Rheumatoid arthritis

C. Dislocation

D. Osteoarthritis.

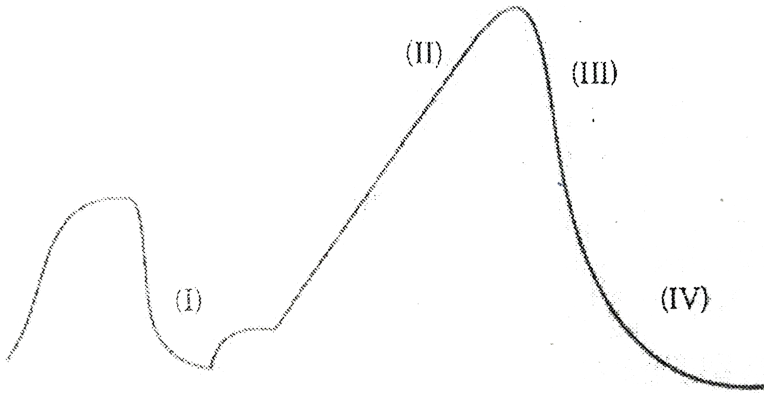
Answer: B



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267. Contraction cycle of muscle showing parts of muscle twitch is given.

Find out the correct sequence.



A. i-latent period, ii-relaxation period, iii-refraction period, iv-contraction

B. i-contraction, ii-latent period, iii-relaxation period, iv-refractory period

C. i-latent period, ii-contraction, iii-relaxation period, iv-refractory period

D. i-refractory period, ii-relaxation period, iii-latent period, iv-contraction.

Answer: C



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268. Most of the cartilages in vertebrate embryo are replaced in adult by

- A. Blood
- B. Bones
- C. Tendons
- D. Ligaments.

Answer: B



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269. Gliding joint is present between

- A. Carpals
- B. Humerus and pectoral girdle
- C. Knee
- D. Atla and axis.

Answer: A



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270. Which one of the following secretes a watery fluid for lubricating and cushioning the joint

- A. Ligament
- B. Cartilage
- C. Tendon
- D. Synovial membrane.

Answer: D



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271. The flight muscles in an eagle has more of aerobic muscles. These muscles are also called "red muscles" because they are rich in

- A. Haemoglobin
- B. Sarcoplasmic reticulum
- C. Myoglobin
- D. Globin.

Answer: C



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272. Which of the following joints would allow to movement?

- A. Fibrous joint
- B. Cartilaginous joint
- C. Synovial joint
- D. Ball and socket joints.

Answer: A

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273. Which of the following is not a function of the skeletal system

- A. Production of erythrocytes
- B. Storage of minerals
- C. Production of body heat
- D. Locomotion.

Answer: C

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274. Which of the following bones is not a cranial bone?

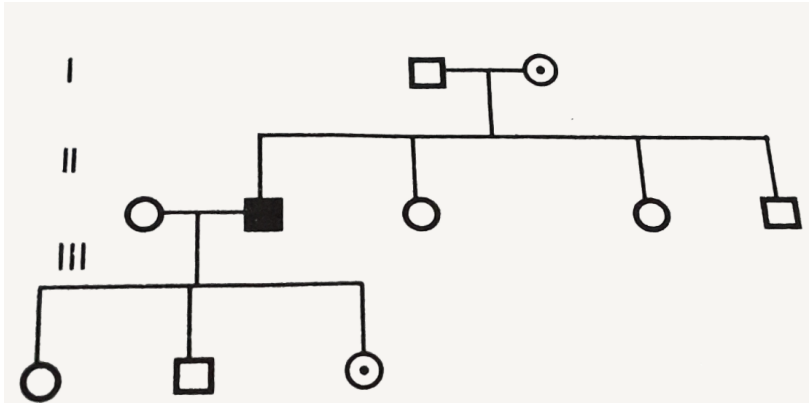
- A. Frontal
- B. Temporal
- C. Zygomatic
- D. Sphenoid.

Answer: C



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275. Predict from the following chart



- A. Resting potential
- B. Contraction
- C. Maximally contracted
- D. None.

Answer: C

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276. The contractile regulatory proteins that mask and unmask active sites in the sarcomere are

A. Troponin and tropomyosin

B. Troponin and myosin

C. Actin and myosin

D. Troponin 1 and troponin C.

Answer: C

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277. Choose the wrong match with reference to joints

A. Gomposes - Intercarpal joints

B. Synsedmoses-Joint between tibia and fibula

C. Symphysis - Joint between vertebrae

D. Sychondrosis - Epiphyseal plate.

Answer: A

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278. Osteoid refers to

- A. The smallest bone of the body
- B. The largest bone of the body
- C. Young hyaline matrix of true bone in which calcium salts are deposited
- D. Membranous ossification of cranium.

Answer: C



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279. How many type of synovial joints are there.

- A. 4
- B. 3

C. 5

D. 6

Answer: D



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280. The ball and socket type of joint is also called

A. Shindylesis

B. Rotataria

C. Enarthrose

D. Ginglymus.

Answer: C



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281. Cross bridges of sarcomere in skeletal muscle are made up of

- A. Actin
- B. Myosin
- C. Troponin
- D. Tropomyosin.

Answer: B



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282. This is not true about white muscle

- A. More blood capillaries
- B. Less blood capillaries
- C. Less number of mitochondria
- D. More sarcoplasmic reticulum.

Answer: A



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283. On the basis of development, odontoid process of axis of mammals is

- A. Ribs of axis vertebra
- B. Centrum of atlas
- C. Neural spine of atlas
- D. Centrum of axis.

Answer: B



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284. Sarcomere is the functional unit of contraction in a muscle fibre.

Identify the portion of myofibril that constitutes a sarcomere

- A. Portion of myofibril between two successive Z-lines
- B. Portion of myofibril between two successive I-band
- C. Portion of myofibril between two successive A-bands
- D. Portion of myofibril between two successive M-lines.

Answer: A

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285. Identify the pair having amphicoelous vertebrae

- A. Ornithorhyncus and Macropus
- B. Ophiophagus and Tropidonotus
- C. Scoliodon and Ichthyophis
- D. Crocodylus and Hemidactylus.

Answer: C

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286. Match the columns and find the correct option

| I | II |
|---------------------|------------------------------|
| (a) Replacing bones | (i) Os cordis |
| (b) Dermal bones | (ii) Pisciform bone of wrist |
| (c) Sesamoid bones | (iii) Girdle bones |
| (d) Visceral bone | (iv) Bones of cranium |

A. a-i, b-iii, c-ii, d-iv

B. a-ii, b-i, c-iii, d-iv

C. a-ii, b-iii, c-i, d-iv

D. a-iii, b-iv, c-ii, d-i.

Answer: D



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287. Match the lists and find the correct option

- | I | II |
|------------------------|---|
| (a) Muscular dystrophy | (i) Inflammation of joints due to accumulation of uric acid |
| (b) Tetany | (ii) Progressive degeneration of skeletal muscles |
| (c) Myasthenia gravis | (iii) An autonomous disorder, affecting neurons |
| (d) Gout | (iv) A state of prolonged contraction of muscles |

A. a-iii, b-ii, c-i, d-iv

B. a-ii, b-iii, c-i, d-iv

C. a-ii, b-iii, c-iv, d-i

D. a-ii, b-iv, c-iii, d-i.

Answer: D



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288. Choose two correctly paired sets

- (a) Sphenoid bone-Keystone-Cranium (b) Acromion process-collared bone-scapula (c) Xiphoid process-breast bone-thorax (d) Odontoid process-atlas-cervical vertebra

A. a,d

B. b,d

C. b,c

D. a,c.

Answer: D



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289. Find the correct match

I

II

- | | | |
|-----------------------|-------|---------------------|
| (a) Pisiform bone | (i) | Ruminants |
| (b) Fibrous cartilage | (ii) | Wrist bone |
| (c) Hyaline cartilage | (iii) | Intervertebral disc |
| (d) Os cordis | (iv) | Larynx |
| | (v) | Pinna |

A. a-ii, b-iii, c-iv, d-i

B. a-v, b-ii, c-i, d-iv

C. a-iv, b-iii, c-ii, d-i

D. a-v, b-ii, c-iii, d-iv.

Answer: A



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290. Study the following and identify the incorrect statements

- (i) Muscles of iris and ciliary body are smooth muscles of mesodermal origin
- (ii) Slow and sustained involuntary contraction of smooth muscles are called spasms
- (iii) Quiescent mononucleate myogenic cells of skeletal muscles are called pericytes
- (iv) Skeletal muscles fibre is multinucleate and is a syncytium

A. I, ii

B. ii, iv

C. iii, iv

D. I, iii.

Answer: D

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291. Anaerobic breakdown of glycogen due to repeated activation of muscles leads to accumulation of

- A. Uric acid
- B. Phenylalanine
- C. Lactic acid
- D. Glutamic acid.

Answer: C

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292. A collagenous connective tissue layer hold the muscle bundles together .

- A. Pleura
- B. Pericardium
- C. Sarcolemma
- D. Fascia.

Answer: D

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293. How many facial bones are present in pairs

- A. 5
- B. 6
- C. 14
- D. 7 .

Answer: B

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294. Prolonged activation of striated muscle causes it to fatigue. What is the reason ?

- A. Breakdown of glycogen into lactic acid in muscle during aerobic respiration
- B. Breakdown of lactic acid in muscle during anaerobic respiration
- C. Breakdown of lactic acid into glycogen during anaerobic respiration
- D. Produce ethanol in muscle.

Answer: B



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295. Which part of ulna is called elbow?

- A. Long and curved bone
- B. Small slender bone

C. Very small bone

D. Very long bone.

Answer: A



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296. In anaerobic reaction of muscle, lactic acid is produced which causes painful tiredness. Where and by which mechanism lactic acid is catabolised

A. In muscle by monokinase action

B. In muscle by Lohman's reaction

C. In liver by Cori cycle

D. In liver by phosphogen reaction.

Answer: C



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297. Which one of the following is not related to bone disorder

- A. Arthritis
- B. Osteoporosis
- C. Atherosclerosis
- D. Ricket.

Answer: C



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298. Lack of relaxation between successive stimuli in sustained muscle contraction is known as

- A. Tonus
- B. Spasm
- C. Fatigue

D. Tetanus.

Answer: D



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299. Name the ion responsible for unmasking of active sites for myosin for cross bridge activity during muscle contraction.

A. Potassium

B. Calcium,

C. Magnesium

D. Sodium.

Answer: B



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300. The H-zone in the skeletal muscle fibre is due to

- A. Central gap between actin filaments extending through myosin filaments in A-band
- B. Extension of myosin filaments in the central portion of A-band
- C. Absence of myofibrils in the central portion of A-band
- D. Central gap between myosin filaments in of A-band.

Answer: A



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301. Assertion: on stimulation, a muscle cell releases calcium ions (Ca^{2+}) from sarcoplasmic reticulum.

Reason: By reacting with a protien complex, Ca^{2+} uncover active sites on the actin filaments.

- A. Given below are assertion and reason. Point out if both are true with reason being correct explanation
- B. both true but reason is not correct explanation
- C. assertion true but reason is wrong
- D. both are wrong

Answer: B



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302. Out of 'X' pairs of ribs in humans only 'Y' pairs are true ribs. Select the option that correctly represents values of X and Y and provides their explanation.

- A. X=12, Y=7. True ribs are attached dorsally to vertebral column and ventrally to sternum
- B. X=12, Y=5. True ribs are dorsally attached to vertebral column and sternum on the two ends

C. $X=24$, $Y=7$. True ribs are dorsally attached to vertebral column but are free on the ventral side

D. $X=24$, $Y=12$. True ribs are dorsally attached to vertebral column but are free on the ventral side.

Answer: A

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303. The pivot joint between atlas and axis is a type of

A. Fibrous joint

B. Cartilaginous joint

C. Synovial joint

D. Saddle joint.

Answer: C

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Check Your Grasp

1. Skull bones are

- A. Replacing bones
- B. Investing bones
- C. Sesamoid bones
- D. Irregular bones.

Answer: A



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2. Smallest bone in the body of human is

- A. Stapes
- B. Malleus

C. Patella

D. Navicular bone.

Answer: A



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3. The largest muscle in the human body is

A. Stapedium

B. Quadriceps

C. Gluteus

D. Masseter.

Answer: A



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4. Malleolus is

- A. Prominence between metacarpal and proximal phalange
- B. Knee prominence
- C. Prominence of femur
- D. Prominence at end of tibia and fibula.

Answer: A



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5. Exoskeleton is mesodermal in

- A. Mammals
- B. Birds
- C. Fishes
- D. Fishes, crocodiles and chelones.

Answer: A



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6. What is sprain

- A. Overstretching of ligament
- B. Overstretching of tendon
- C. Both A and B
- D. Dislodging of bone.

Answer: A



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7. Contraction period for a skeletal muscle is

- A. 4 sec

B. $0 \cdot 04$ sec

C. $0 \cdot 02$ sec

D. 20 sec.

Answer: A



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8. Lactic acid causes fatigue in muscles due to

A. Sensitivity of neuromuscular junction

B. Acidity

C. Binding of muscle calcium

D. Causing expulsion of cations.

Answer: A



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9. Calcium ions bring about muscle contraction through

- A. Activation of myosin ATP-ase
- B. Exposing active sites of actin filaments
- C. Both A and B
- D. Mobilisation of food reserve.

Answer: A



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10. Compound fracture is characterised by

- A. Breaking and cracking of bone at different places
- B. Breaking bone into more than two fragments
- C. Appearance of a number of cracks in the same bone
- D. Protrusion of broken end of bone.

Answer: A



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