



# BIOLOGY

## BOOKS - SARAS PUBLICATION

### REPRODUCTIVE HEALTH

#### Exercise

1. Which of the following is correct regarding HIV, hepatitis B, gonorrhoea and trichomoniasis?

A. Gonorrhoea is a STD whereas others are not.

B. Trichomoniasis is a viral disease whereas others are bacterial.

C. HIV is a pathogen whereas others are diseases.

D. Hepatitis B is eradicated completely whereas others are not.

**Answer:**



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2. Which one of the following groups includes sexually transmitted disease caused by bacteria only?

- A. Syphilis, gonorrhoea and candidiasis
- B. Syphilis, chlamydiasis and gonorrhoea
- C. Syphilis gonorrhoea and trichomoniasis
- D. Syphilis, trichomoniasis and pediculosis

**Answer:**



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3. Identify the correct statements from the following:

A. Chlamydiasis is a viral disease.

B. Gonorrhoea is caused by a spirochaete bacterium, *Treponema palladium*,

C. The incubation period for syphilis is 2 to 14 days in males and 7 to 21 days in femals.

D. Both syphilis and gonorrhoea are easily cured with antibiotics.

**Answer:**



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4. A contraceptive pill prevents ovulation by

A. Blocking fallopian tube

B. Inhibiting release of FSH and LH

C. Stimulating release of FSH and LH

D. Causing immediate degeneration of released ovum.

**Answer:**



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5. The approach which does not give the definite action of contraceptive is

A. Hormonal contraceptive - Prevents entry of sperms, prevents ovulation and

fertilization

B. Vasectomy - Prevents spermatogenesis

C. Barrier method - Prevents fertilization

D. Intra uterine device - Increases  
phagocytosis sperm motility and  
fertilizing capacity of sperms.

**Answer:**



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**6.** Read the given statements and select the correct option.

Statement 1: Diaphragms, cervical caps and vaults are made of rubber and are inserted into the female reproductive tract to cover the cervix before coitus.

Statement 2: They are chemical barriers of conception and are reusable.

A. Both statements 1 and 2 are correct and statement 2 is the correct explanation of statement 1.



B. Both statements 1 and 2 are correct but statement 2 is not the correct explanation of statement 1.

C. Statement 1 is correct but statement 2 is incorrect.

D. Both statements 1 and 2 are incorrect.

**Answer:**



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7. Match column I with column II and select the correct option from the codes given below.

**Column I**

**Column II**

- |                         |                      |
|-------------------------|----------------------|
| A. Copper releasing IUD | (i) LNG-20           |
| B. Hormone releasing    | (ii) Lippes loop IUD |
| C. Non medicated IUD    | (iii) Saheli         |
| D. Mini pills           | (iv) Multiload-375   |

A. A - (iv), B - (ii), C - (i), D - (iii)

B. A - (iv), B - (i), C - (iii), D - (ii)

C. A - (i), B - (iv), C - (ii), D - (iii)

D. A - (iv), B - (i), C - (ii), D - (iii)

**Answer:**



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8. Select the incorrect action of hormonal contraceptive pills from the following

A. Inhibition of spermatogenesis.

B. Inhibition of ovulation.

C. Changes in cervical mucus impairing its ability to allow passage and transport of sperms.

D. Alteration in uterine endometrium to make it unsuitable for implantation.

**Answer:**



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**9.** In India, family planning programme was initiated in .....

A. 1950

B. 1951

C. 1952

D. 1953

**Answer:**



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**10.** What act was taken by the government to prevent abortion?

A. POCSO

B. RMNCH

C. PCPNDT

D. RCH

**Answer:**



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**11.** The \_\_\_\_\_ act aims to protect children from sexual offences.

A. POCSO

B. RMNCH

C. RCH

D. PCPNDT

**Answer:**



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**12. India's infant mortality rate**

A. 44 per 1000

B. 20 per 1000

C. 40 per 1000

D. 50 per 1000

**Answer:**



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**13.** All the following aims at creating a safe and secure environment for both females and males. Except.

A. POCSO

B. PCPNDT



C. Justice Verma

D. UNDP

**Answer:**



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**14.** Ovulation occurs at ..... Day of menstrual cycle

A. 16th

B. 14th

C. 12th

D. 8th

**Answer:**



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**15. Oldest family planning method**

A. Continuous abstinence

B. Coitus interruptus

C. Rhythm method

## D. Lactational amenorrhoea

**Answer:**



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**16.** Which of the following is not a natural family planning method ?

A. Periodic abstinence

B. Coitus interruptus

C. Hormonal method

D. Lactational amenorrhoea

**Answer:**



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**17. What are hormone releasing IUDs?**

A. Progestasert and LNG-20

B. Cu T-380 A

C. Cu T and Cu T 380 Ag

D. Multiload 375

**Answer:**



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**18.** Surgical sterilisation in women is called \_\_\_\_

A. Tubectomy

B. Vasectomy

C. MTP

D. IUD

**Answer:**



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19. The contraceptive pills sahari contains a non-steroidal preparation called \_\_\_\_\_

A. Progestasert

B. Centchroman

C. IUD

D. LNG-20

**Answer:**



20. Medical termination of pregnancy is safe upto \_\_\_\_\_ weeks

A. 16

B. 12

C. 14

D. 20

**Answer:**



21. According to WHO , India is the .....largest HIV affected country .

A. Fourth

B. Seventh

C. Sixth

D. Third

**Answer:**



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22. Identify the protozoan STI

A. Chlamydiasis

B. Trichomoniasis

C. Candidiasis

D. syphilis

**Answer:**



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**23. Which is not a viral STI?**

A. Genital herpes

B. Genital warts

C. AIDS

D. Syphilis

**Answer:**



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24. Gonorrhoea is caused by

A. Chlamydia trachomatis

B. Neisseria gonorrhoeae

C. Treponema palladium

D. Gardnerella vaginalis

**Answer:**



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25. Genital warts is caused by the virus

A. Herpes simplex virus

B. Human papilloma virus

C. Hepatitis - B virus

D. HIV

**Answer:**



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**26.** Incubation period of syphilis is

A. 10-50 days

B. 10-60 days

C. 10-80 days

D. 10-90 days

**Answer:**



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27. A unit of health and family welfare department does free screening for cervical and breast cancer.

A. TNHSP

B. RCH

C. POCSO

D. PGNCTP

**Answer:**



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**28.** Cancer caused by human papilloma virus.

- A. Uterus cancer
- B. Cervical cancer
- C. Colon cancer
- D. Blood cancer

**Answer:**



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29. Collection of procedures which includes handling of gametes and embryo's outside the body to achieve a pregnancy is.

A. Assisted reproductive technology

B. Embryo transfer technique

C. Intra uterine insemination

D. In vitro fertilization

**Answer:**



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30. Legalized marriageable age of female in India is.....

A. 20 years

B. 18 years

C. 19 years

D. 21 years

**Answer:**



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### 31. Identify the correct statement

- A. LNG-20 is a hormone releasing IUD
- B. Condoms are made up of polyethylene glycol.
- C. Lactational amenorrhea is the barrier birth control method
- D. Rhythm method is the oldest family planning method

**Answer:**



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32. Government of India legalized MTP  
in\_\_\_\_\_

A. 1961

B. 1951

C. 1971

D. 1981

**Answer:**



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**33.** In chorionic villus sampling test, the tissue sample is taken from .....

- A. Amniotic fluid
- B. Placental tissue
- C. Intestinal villi
- D. Foetal liver

**Answer:**



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**34.** In ZIFT technique, the zygote is transferred at the stage of.....

A. 18 blastomere

B. 12 blastomere

C. 8 blastomere

D. 10 blastomere

**Answer:**



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**35. What are sexually transmitted diseases?**

A. Diseases spread through sexual intercourse

B. Diseases spread through bacteria

C. Diseases spread through virus.

D. Diseases spread through protozoa.

**Answer:**



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**36.** Sperm remains active for .....hours in the female reproductive tract

A. 12 hours

B. 24 hours

C. 48 hours

D. 72 hours

**Answer:**



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**37.** Mayer- Rokitansky syndrome is a condition in which

- A. Ova are not produced
- B. Ovaries are not formed
- C. Uterus is not functioning
- D. Fallopian tube is ruptured

**Answer:**



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**38.** PAP smear can help to detect

A. Jaundice

B. Cancer

C. AIDS

D. Hepatitis - B

**Answer:**



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39. Cryopreservation of embryos are done when \_\_\_\_\_

A. Eggs are not available

B. Sperm count is less

C. More embryos are available than the required.

D. A abnormality in the embryo

**Answer:**



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40. Expansion of the RCH is \_\_\_\_\_.

A. Reproduction and child health programme

B. Reproductive and child health care

C. Reproductive and child health committee

D. Reproductive critical health care

**Answer:**



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41. This is an ideal contraceptive for females who want to delay pregnancy.

A. IUDs

B. Oral contraceptives

C. Diaphragms

D. Cervical caps

**Answer:**



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42. This technique is used to diagnose the chromosomal abnormalities.

A. ART

B. ZIFT

C. Amniocentesis

D. GIFT

**Answer:**



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**43.** In this Assisted Reproductive Technology (ART), the sperms and egg are allowed to united outside the body and then transformed into the woman's uterus.

- A. Intrauterine insemination (IUI)
- B. Invitro ferfertilizatio (IVF)
- C. Zygote Intra-follopian transfer (ZIFT)
- D. Intra uterine transfer (IUT)

**Answer:**



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44. \_\_\_\_\_ is a procedure to treat infertile men with low sperm count

A. IUI

B. IVF

C. ZIFT

D. GIFT

**Answer:**



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45. \_\_\_\_\_ is a condition in which there is absence of spermatozoa in the ejaculate serum

A. Azoospermia

B. Zoospermia

C. Oligozoospermia

D. Tetrazoospermia

**Answer:**



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**46. Aborting the female in mother's womb**

- A. Female foeticide
- B. Infertility
- C. Female Infanticide
- D. Intra uterine death

**Answer:**



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47. Name the instrument used to monitor foetal heart rate

- A. Amniocentesis
- B. Foetoscope
- C. Stethoscope
- D. Sphygmomanometer

**Answer:**



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**48.** ICSI is expanded as

A. Intra-cytoplasmic sperm injection

B. Intra-cytoplasmic semen injection

C. Intra-cytosperm infection

D. Intra cytosemen infection

**Answer:**



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**49.** World population day

A. 10th July

B. 11th July

C. 12th July

D. 13th July

**Answer:**



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50. NACO was established in

A. 1991

B. 1990

C. 1992

D. 1996

**Answer:**



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## 51. Foetal heart rate

A. 120-160 beats/min

B. 140-180 beat/min

C. 72-80 beats/min

D. 100 beats/min

**Answer:**



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## 52. Anti-sterility vitamin

A. Vit-A

B. Vit-D

C. Vit-E

D. Vit-K

**Answer:**



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**53.** Amniocentesis is performed in ..... Weeks of pregnancy

A. 12th-15th

B. 15th-20

C. 13th-18th

D. 10th-15th

**Answer:**



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**54.** Inability to conceive or produce children even after years of unprotected sexual cohabitation is called

A. Infertility

B. Insemination

C. PIT

D. SIT

**Answer:**



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55. Sex hormones were discovered by

A. Adolf Butenandt

B. Gergen

C. Raphel Walt

D. Verner

**Answer:**



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56. GIFT is expanded as

- A. Gamete Intra fallopian transfer
- B. Gamete Infertile transfer
- C. Gamete Invitro fertilization tube
- D. Gamete Intra fallopian tube

**Answer:**



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**57. In Amniocentesis, fluid is taken from**

- A. Foetal blood

B. Mother's blood

C. Mother's placenta

D. Fluid surrounding foetus

**Answer:**



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**58.** Emergency contraceptives are effective if used within

A. 72 hrs of coitus

B. 72 hrs of ovulation

C. 72 hrs of menstruation

D. 72 hrs of implantation

**Answer:**



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**59. Expansion of ELISA**

A. Enzyme Linked Immunosorbent Assay

B. Enzyme Linking Immuno Soluble Assay

C. Enzyme live Immuno Sorbent Assay

D. Enzyme Live Immuno Soluble Assay

**Answer:**



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**60.** High prolactin concentration in the mother's blood prevents menstrual cycle by suppressing release of

A. GnRH

B. FSH

C. LH

D. Progesterone

**Answer:**



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61. \_\_\_\_\_ is a method used to detect foetal diseases during early pregnancy.

A. CT scanning

B. MRI scanning

C. Ultra sound scanning

D. PET scanning

**Answer:**



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**62.** Select the correct matching from the four options given below



Match the methods given below

| Method       | Action                             |
|--------------|------------------------------------|
| 1. Pill      | a. Prevents sperms reaching cervix |
| 2. Condom    | b. Prevents fertilization          |
| 3. Vasectomy | c. Prevents ovulation              |
| 4. Copper -T | d. Semen contains no sperms.       |

- A. 1-c, 2-d, 3-a, 4-b
- B. 1-b, 2-c, 3-a, 4-d
- C. 1-c, 2-a, 3-d, 4-b
- D. 1-d, 2-a, 3-b, 4-c

**Answer:**

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63. Match the following column I and II for STDs and its carrier and select correct options

| Column I          | Column -II                        |
|-------------------|-----------------------------------|
| A. Gonorrhoea     | i) <i>Chlamydia trachomatis</i>   |
| B. Syphilis       | ii) <i>Neisseria gonorrhoeae</i>  |
| C. Chlamydiasis   | iii) <i>Trichomonas vaginalis</i> |
| D. Trichomoniasis | iv) <i>Treponema palladium</i>    |

A. A-ii, B-i, C-iii, D-iv

B. A-iii, B-iv, C-ii, D-i

C. A-ii, B-iii, C-i, D-iv

D. A-ii, B-iv, C-i, D-iii

**Answer:**



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**64.** Match the following from the four options given below:

- |                     |                      |
|---------------------|----------------------|
| 1. Chemotherapy     | - a) Saheli          |
| 2. IVF              | - b) Embryo          |
| 3. Contraceptive    | - c) Egg retrieval   |
| 4. Cryopreservation | - d) Cervical cancer |

A. 1-d 2-c 3-a 4-b

B. 1-c 2-b 3-a 4-d

C. 1-d 2-c 3-b 4-a

D. 1-a 2-b 3-c 4-d

**Answer:**



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**65.** Match the following column I and II for diseases and their incubation period and

select the correct options.

| Column I          | Column -II      |
|-------------------|-----------------|
| A. Genital herpes | 1) 10 - 90 days |
| B. Hepatitis - B  | 2) 4 - 28 days  |
| C. Trichomoniasis | 3) 30 - 80 days |
| D. Syphilis       | 4) 2 - 21 days  |

A. A-3, B-2, C-1, D-4

B. A-4, B-3, C-2, D-1

C. A-3, B-4, C-1, D-2

D. A-4, B-2, C-3, D-4

**Answer:**



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**66.** Match the following with correct options

|                   |                            |
|-------------------|----------------------------|
| A. Genital herpes | - i) Bacterial infection   |
| B. Chlamydiasis   | - ii) Fungal infection     |
| C. Candidiasis    | - iii) Protozoal infection |
| D. Trichomoniasis | - iv) Viral infection      |

A. A-iv, B-iii, C-ii, D-i

B. A-iii, B-ii, C-iv, D-i

C. A-iv, B-i, C-ii, D-iii

D. A-iii, B-iv, C-i, D-ii

**Answer:**



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**67. Which microbe causes gonorrhoea?**

- A. *Neisseria gonorrhoea*
- B. *Treponema palladium*
- C. Herpes simplex
- D. *Trichomonas vaginalis*

**Answer:**



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**68.** Which microbe causes syphilis?

- A. *Neisseria gonorrhoea*
- B. *Treponema palladium*
- C. Herpes simplex
- D. *Trichomonas vaginalis*

**Answer:**



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**69.** Incubation period of Trichomoniasis

A. 4-28 days

B. 14-24 days

C. 24-28 days

D. 4-28 days

**Answer:**



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70. Ultrasound which allows the health care provider to visualize the unborn baby moving in real time with a three dimensional image.

A. 2-D

B. 3-D

C. 4-D

D. 5-D

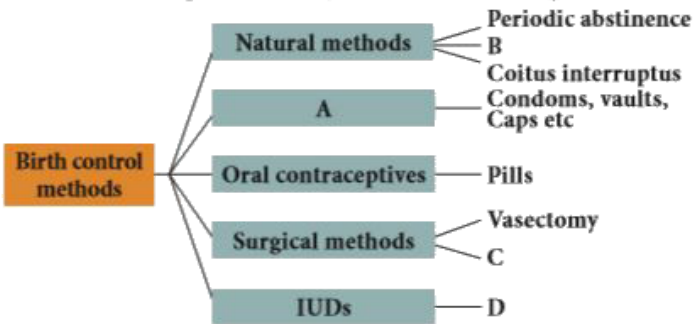
**Answer:**



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Example

1. Select the correct term from the bracket and complete the given branching tree



(Barriers, Lactational amenorrhoea, CuT, Tubectomy)



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2. Correct the following statements: Transfer of an ovum collected from donor into the fallopian tube is called ZIFT.



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3. Correct the following statements: Transferring of an embryo with more than 8 blastomeres into uterus is called GIFT.



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4. Correct the following statements: Multiload 375 is a hormone releasing IUD.



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5. Which method do you suggest the couple to have a baby, if the male partner fails to inseminate the female or due to very low sperm count in the ejaculate?



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**6. Expand the following : ZIFT**



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**7. Expand the following : ICSI**



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**8. Differentiate foeticide and infanticide.**



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**9.** What is amniocentesis? Why a statutory ban is imposed on this technique?



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**10.** How are STDs transmitted?



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**11.** Write the preventive measure of STDs?



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**12.** Amniocentesis, the foetal sex determination test, is banned in our country, Is it necessary? Comment.



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**13. Open Book Assessment**

'Healthy reproduction, legally checked birth control measures and proper family planning



programmes are essential for the survival of mankind' Justify.



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**14.** What are the strategies to be implemented in India to attain total reproductive health?



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**15.** The procedure of GIFT involves the transfer of female gametes into the fallopian tube, can

gametes be transferred to the uterus to achieve the same result? Explain.



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**16.** In each of the following questions there are two statements. One is assertion (A) and other is reasoning (R ). Mark the correct answer as

Assertion: STD can be prevented by Manogamy

Assertion: MTP during the second trimester is risky for the parent & foetus

Reason: It must be performed by trained medical personnel.



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**17.** In each of the following questions there are two statements. One is assertion (A) and other is reasoning (R ). Mark the correct answer as

Assertion: STD can be prevented by Manogamy

Assertion: Vitamin E helps in the normal functioning of reproductive structures in man.

Reason: Vitamin E is known as anti sterility vitamin.



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**18.** In each of the following questions, there are two statements. One is assertion (A) and other is reasoning (R) Mark the correct answer as a. A and R correct, R is the correct explaining of A. b A and R are correct but R is not the correct explanatin of A c. A is correct R is false d. Both A and R are false.

Assertion: Two methods of family planning, vasectomy and tubectomy are permanent barrier methods.

Reason : Contraceptive pills are taken orally.



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**19.** In each of the following questions, there are two statements. One is assertion (A) and other is reasoning (R) Mark the correct answer as a. A and R correct, R is the correct explaining of A. b A and R are correct but R is

not the correct explanatin of A c. A is correct R is false d. Both A and R are false.

Assertion: MTP is a voluntary or intentional termination of pregnancy in a surgical way

Reason : Government of India legalized MTP without any restrictions.



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**20.** In each of the following questions, there are two statements. One is assertion (A) and other is reasoning (R) Mark the correct answer

as a. A and R correct, R is the correct explaining of A. b A and R are correct but R is not the correct explanatin of A c. A is correct R is false d. Both A and R are false.

Assertion: Introducing sex education in schools provides true information to adolescence.

Reason : Sex education misguide students.



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**21. Define female foeticide**



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**22. What is POCSO Act?**



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**23. Define female infanticide.**



**Watch Video Solution**



**24.** What step was taken by the government of India to prevent female foeticide and infanticide?



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**25.** Name the two types of contraceptive methods.



**Watch Video Solution**

**26.** Define birth control.



**Watch Video Solution**

**27.** What are hormone releasing IUDs?



**Watch Video Solution**

**28.** Name the two permanent birth control methods.



**Watch Video Solution**

**29.** What is Mayer-Rokitansky syndrome?



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**30.** Name two intrauterine contraceptive devices that effect the motility of sperms.



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**31.** Name the methods to overcome in fertility in human couples.



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**32.** Name the instrument used to monitor foetal heart rate



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**33.** Define CVS



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**34.** Define azoospermia



[Watch Video Solution](#)

**35.** Define Infertility.



[Watch Video Solution](#)

**36.** Define reproductive health.



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**37.** Name the health care programmes given by the government at national level.



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**38.** Comment on 'Saheli'



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**39.** Write the causative agent, symptoms and incubation period of the sexually transmitted disease Syphilis.



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**40.** Define Surrogacy.



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**41.** What is family planning programme?



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42. What are vaults?



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43. \_\_\_\_\_ is a copper releasing IUD.



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44. What are hormone releasing IUDs?





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**45.** Surgical sterilisation in women is called

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**46.** What is the permanent sterilization method in man? Explain it.



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**47.** Name the sexually transmitted disease characterized by jaundice? What is its causative organism? Mention its symptoms.



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**48.** Name the disease caused by *Treponema palladium*. Write its incubation period and symptoms



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**49.** Name the disease caused by HPV virus? List its symptoms and incubation period.



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**50.** What are STDs? Mention any two of it.



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**51.** Give another name for sexually transmitted diseases. Name two STDs which are curable and which are not curable.



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**52.** List the three methods by which fertilization of human ovum by sperm can be prevented.



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**53.** Name the disease caused by Chlamydia trachomatis. Mention its incubation period.



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54. List the symptoms of chlamydia



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55. Which bacterial disease causes genital elephantiasis? List its symptoms.



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**56.** Which disease is characterized by pus discharge in the genital tract? Mention its causative organism, incubation period. List their symptoms.



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**57.** Write a note on a sexually transmitted disease caused by fungi?



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**58.** Write a note on a protozoan sexually transmitted disease.



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**59.** What is Gumma?



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**60.** Suggest the measures taken by government to check their present population

growth rate in India?



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**61.** How does the oestrogen-proges-terone combination act as a contraceptive measure?



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**62.** What is lactational amenorrhoea?



**Watch Video Solution**



**63.** Name the two types of contraceptive methods.



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**64.** Write the disease caused by Herpes simplex virus. Give the incubation period and symptoms of this disease.



**Watch Video Solution**

**65.** Give the causative agent, incubation period and symptoms of AIDS.



**Watch Video Solution**

**66.** What is MTP? When is it considered as safe?



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**67.** Write the incubatio period for the given diseases - Gonorrhoea



**Watch Video Solution**

**68.** Write the incubation period for the given diseases - Chlamydiasis



**Watch Video Solution**

**69.** Write the incubation period for the given diseases - Lymphogranuloma venereum



**Watch Video Solution**

**70.** Write the incubation period for the given diseases - Genital herpes



**Watch Video Solution**

**71.** Write the incubation period for the given diseases -Genital warts



**Watch Video Solution**

**72.** Write the incubatio period for the given diseases - AIDS



**Watch Video Solution**

**73.** Explain IUT.



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**74. What is Foetoscope?**



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**75. What is Cryopreservation?**



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**76.** Differentiate temporary birth control and permanent birth control.



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**77.** The males, whose testes fail to descend to the scrotum, are generally infertile. Why?



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78. \_\_\_\_\_ is a method used to detect foetal diseases during early pregnancy.



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79. When was MTP legalized in our country?

What are the necessities and restriction given for it.



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**80.** How the technique of amniocentesis is performed?



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**81.** Modification in life style can prevent cervical cancer



**Watch Video Solution**

**82.** What are the methods to diagnose breast cancer.



**Watch Video Solution**

**83.** Differentiate between tubectomy and vasectomy.



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**84.** Explain about breast self Examination and Early diagnosis of Cancer.



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**85.** What are the characteristics of an ideal contraceptive?



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**86.** What are the basic steps involved in IVF treatment cycle.



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**87.** List out the procedures involved in ART?



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**88.** What is the method to prevent male infertility? Explain it.



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**89.** Write a note on ZIFT.



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**90.** Write a note on GIFT.



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**91.** Define male infertility and give the causes of it.



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**92.** What is infertility and write its causes.



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**93.** What happens in barrier method of birth control? List its types. What are the agents

utilised in chemical barrier method?



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**94.** Name the barrier method that prevents the release of ova? Explain it.



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**95.** List various natural methods of birth control.



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**96.** Differentiate temporary birth control and permanent birth control.



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**97.** Which birth control method prevents entry of semen into the reproductive tract of female? Explain it.



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**98.** Explain Intrauterine devices.



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**99.** Write a note on cervical cancer.



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**100.** Define test tube baby and explain its procedure.



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**101. Explain IUI and ICSI**



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