

BIOLOGY

BOOKS - UNITED BOOK HOUSE

MODEL PAPER 04

Exercise

1. Name of Ptyalin secretory gland is -

A. Parotid

- B. Sub-maxillary
- C. Sub-lingual
- D. Pancreas



- 2. Iodine is necessary for the production of -
 - A. TSH
 - B. Thyroxin

- C. Oestrogen
- D. gonadotrophin



- **3.** Daily energy requirement of an-infant (1-3year) is -
 - A. 1350 kcals
 - B. 2010 kcals

C. 1060 kcals

D. 2190 kcals.

Answer:



- 4. The end product of glycolysis process is -
 - A. malic acid
 - B. citric acid
 - C. pyruvic acid

D. acetic acid

Answer:



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5. The factor, that enhances vitamin B_{12} absorption, is secreted in -

A. intestinal juice

B. pancreatic juice

C. gastric juice

D. bile.

Answer:



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6. Amount of protein present in 50ml of cow's milk

A. 1. 1 gm

B. 3.2 gm

C. 1.6 gm

D. 3.6 gm

Answer:



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7. Which organisation's motto is "Freedom from Hunger" -

A. WHO

B. FAO

C. UNICEF

D. ICMR

Answer:



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8. Anti ketogenic amino acid is -

- A. Lysine
- B. Isoleucin
- C. Glycine
- D. None



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9. Polyphenol present in tea and coffee obstructs absorption of

A. 1.Calcium

B. 2.Sodium

C. 3.Water

D. 4.Iron



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10. Which of the following is nutritional programme by social welfare Dept in India? -

A. 1.ANP

B. 2.SNP

C. 3.MDM

D. 4.ICDS



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11. The form in which fat. Moelcules get absorbed in our body -

- A. Ferritin
- B. Lipase
- C. Carotene
- D. Chylomiron.



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12. How much should be the level of blood cholesterol to reduce the chances of coronary heart disease

A. 198 mg

B. 210 mg

C. 220 mg

D. 230 mg



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13. The full form of MCH is

- A. Mother and child health
- B. Mean corpuscular health
- C. Maternal and child health
- D. Melanin concentrating hormon

Answer:

14. The cell of the liver produces heparin -

A. Kupffer cells

B. Must cell

C. α - cell

D. β -cell

Answer:



15. Calorie value of 5 tea spoon oil is

- A. 100 kcals
- B. 125 kcals
- C. 200 kcals
- D. 225 kcals

Answer:



16.	The	disease	caused	by	vitamin	В	deficiency
is							

- A. Nyctalopia
- B. Myopia
- C. Polyneuritis
- D. Psoriases.



17. The	blood	glucose	level	in	renal	threshold
ic -						

- A. 110 mg/dl
- B. 120 mg/dl
- C. 170 mg/dl
- D. 180 mg/dl.



18. NFI is established in 1980 by

A. 1.Dr. Radhakrishnan

B. 2.Dr. C. Gopalan

C. 3.Dr. Swaminathan

D. 4.Dr. H.G. Khorana.

Answer:



19. Which is not exopeptidase from the following

- A. 1. Carboxypeptidase
- B. 2.Chymotrypsin
- C. 3.aminopeptidase
- D. 4.di-peptidase

Answer:



20. Increase	of	cholester ol	in	blood	is	known
as						

- A. hypelipidemia
- B. hypercholesterolemia
- C. hyperglycemia
- D. hypercalcaemia



21. How much iodine is present in 10 gms iodised salt?

- A. 100 ug
- B. 150 ug
- C. 75 ug
- D. 50 ug

Answer:



22. What do you mean by transport?



23. What is dehalogenation?



24. Name the condition when ketone bodies are increased in blood .



25. What is gluco-genic amino acid?



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26. What is added in edible oil as adulterant?



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27. Mention the establishment year and place of ANP.



28. What is hematuria?



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29. Write the full form of NDRI



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30. What do you understand by IUCN?



31. What is population sampling?



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32. What is the disease called 'Wernicke's Encephalo pathy?



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33. Write the components of ORS Bicarbonate.



34. Write the components of ORS citrate.



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35. What is 'Baudoin Test'?



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36. What is aplastic anaemia?



37. Write two objectives of FAO.



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38. Mention two food fadism.



39. What do you mean by ketogenesis? State the role of liver and muscle in carbohydrate metabolism.



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40. Discuss the process of protein digestion in the human body.



41. Calculate the BMI of a 20 year old adult man whose body weight is 60 kg and height is 1.7 metre. Calculate the required amount (in gm) of carbohydrate protein and fat if his energy requirement is 2400 kcal.



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42. Write the importance of calcium and folic acid during pregnancy. Name four food that

can be included in the diet of a lactating woman.



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43. What is malting? Write the immunological and physilogical benefits of breastmilk.



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44. What is corneal scar? Though iron is present in sufficient amount in the diet of Indians but they suffer from microcytic hypochromic anaemia-Write the causes of occuring it.



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45. "Obesity is a silent killer"- justify your answer. Write the types of obesity. What are the complications of obesity?



46. Write down the guidelines of FAO/WHO for preventing malnutrition. Differentiate between keratomalacia and xerophthalmia.

